



**2014 U.S. National  
Synchronized Swimming Championships  
April 8th - 12th, Oro Valley Aquatic Center**



FINAL MEET SCHEDULE **v04-04**

**Tuesday, April 8**

8:00 AM	3:00 PM	Fee based practice time
1:00 PM	7:00 PM	Registration - Oro Valley Pool
5:00 PM	8:00 PM	National Judges Testing
5:40 PM	5:50 PM	Competition Pool - Lap Swim for Junior Teams
5:50 PM	7:20 PM	Junior Team Practice w/Music - one time in order of draw
7:20 PM	7:30 PM	Competition Pool - Lap Swim for 13 - 15 Teams
7:30 PM	8:30 PM	13 - 15 Team Practice w/Music - one time in order of draw

**Wednesday, April 9**

7:00 AM	7:30 AM	Coaches and Officials meeting
7:00 AM	7:30 AM	<i>Competition Pool - Lap Swim</i>
7:30 AM	8:00 AM	Junior Figure Warm-up - Flight 1
<b>8:05 AM</b>	<b>10:15 AM</b>	<b>Junior Figure Competition - Flight 1 (84)</b>
10:15 AM	10:45 AM	Junior Figure Warm-up - Flight 2
<b>10:50 AM</b>	<b>1:00 PM</b>	<b>Junior Figure Competition - Flight 2 (84)</b>
1:00 PM	1:30 PM	13 - 15 Figure Warm-up
<b>1:35 PM</b>	<b>5:05 PM</b>	<b>13 - 15 Figure Competition (140)</b>
5:05 PM	5:20 PM	Official's Break
5:20 PM	5:35 PM	13 - 15 Duet Prelim spacing
<b>5:40 PM</b>	<b>7:20 PM</b>	<b>13 - 15 Duet Prelim Competition (25)</b>

**Thursday, April 10**

7:00 AM	7:30 AM	<i>Competition Open Pool - 5 Min. Laps, 25 Min. Open</i>
7:30 AM	7:45 AM	Junior Solo Prelim spacing
<b>7:50 AM</b>	<b>9:40 AM</b>	<b>Junior Solo Prelim Competition (30)</b>
9:40 AM	9:55 AM	13 - 15 Solo Prelim spacing
<b>10:00 AM</b>	<b>11:30 AM</b>	<b>13 - 15 Solo Prelim Competition (26)</b>
11:30 AM	11:45 AM	Junior Duet Prelim spacing (first half)
11:45 AM	12:00 PM	Junior Duet Prelim spacing (second half)
<b>12:05 PM</b>	<b>2:20 PM</b>	<b>Junior Duet Prelim Competition (32)</b>
2:20 PM	2:50 PM	13 - 15 Team Prelim warm up (2) at 15 min.
<b>2:55 PM</b>	<b>3:55 PM</b>	<b>13 - 15 Team Prelim Competition (13)</b>
3:55 PM	4:40 PM	Junior Team Prelim warm up - (3) at 15 min.
<b>4:45 PM</b>	<b>6:15 PM</b>	<b>Junior Team Prelim Competition (17)</b>
6:15 PM	6:45 PM	Athlete Meeting
6:50 PM	7:05 PM	<i>Draw for 13 - 15 and Junior Finals</i>
7:05 PM	7:20 PM	13 - 15 Duet Finals spacing
<b>7:25 PM</b>	<b>8:20 PM</b>	<b>13 - 15 Duet Finals Competition (Pre, 1 - 12)</b>
8:20 PM	8:40 PM	Senior Free Team Practice w/Music - one time in order of draw
8:40 PM	9:00 PM	13 - 15 Combo Practice w/Music - one time in order of draw



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**Friday, April 11**

7:00 AM	7:30 AM	<i>Competition Open Pool - 5 Min. Laps, 25 Min. Open</i>
7:30 AM	7:45 AM	Senior Solo Prelim Free spacing
<b>7:50 AM</b>	<b>8:55 AM</b>	<b>Senior Solo Prelim Free Competition (18)</b>
8:55 AM	9:10 AM	13 - 15 Solo Finals spacing
<b>9:15 AM</b>	<b>10:05 AM</b>	<b>13 - 15 Solo Finals Competition (Pre, 1 - 12)</b>
10:05 AM	10:20 AM	Junior Solo Finals spacing
<b>10:25 AM</b>	<b>11:20 AM</b>	<b>Junior Solo Finals Competition (Pre, 1 - 12)</b>
11:20 AM	11:50 AM	13 - 15 Team Finals warm up (2) at 15 min.
<b>11:55 AM</b>	<b>1:10 PM</b>	<b>13 - 15 Team Finals Competition (Pre, 1 - 12)</b>
1:10 PM	1:25 PM	Senior Tech Team warm up
<b>1:30 PM</b>	<b>1:45 PM</b>	<b>Senior Tech Team Competition (4)</b>
1:45 PM	2:00 PM	13 - 15 Combo Finals warm up
<b>2:05 PM</b>	<b>2:30 PM</b>	<b>13 - 15 Combo Finals Competition (4)</b>
2:40 PM	3:40 PM	Collegiate Synchro Opportunities Seminar
2:30 PM	2:40 PM	<i>Draw for Senior Tech Solo</i>
2:40 PM	4:00 PM	Jr / Sr Combo Practice w/Music - one time in order of draw
4:00 PM	4:15 PM	13 - 15 Parade of Athletes
4:15 PM	4:45 PM	<b>13 - 15 Awards</b>
4:45 PM	5:00 PM	Senior Tech Duet spacing
<b>5:05 PM</b>	<b>5:40 PM</b>	<b>Senior Tech Duet Competition (10)</b>
5:40 PM	5:55 PM	Junior Duet Finals spacing
<b>6:00 PM</b>	<b>7:00 PM</b>	<b>Junior Duet Finals Competition (Pre, 1 - 12)</b>
7:30 PM	10:00 PM	<i>Coaches/Officials/Sponsors/Meet Organizers Reception</i>

**Saturday, April 12**

7:00 AM	7:30 AM	<i>Competition Open Pool - 5 Min. Laps, 25 Min. Open</i>
7:30 AM	7:45 AM	Senior Tech Solo spacing
<b>7:50 AM</b>	<b>8:45 AM</b>	<b>Senior Tech Solo Competition (18)</b>
8:45 AM	9:15 AM	Junior Team Finals warm up (2) at 15 min.
9:15 AM	9:30 AM	<i>Draw for Senior Finals</i>
<b>9:35 AM</b>	<b>10:50 AM</b>	<b>Junior Team Finals Competition (Pre, 1 - 12)</b>
10:50 AM	11:05 AM	Senior Free Solo Finals spacing
<b>11:10 AM</b>	<b>12:05 PM</b>	<b>Senior Free Solo Finals Competition (Pre, 1 - 12)</b>
12:05 PM	12:20 PM	Official's Break
12:20 PM	12:35 PM	Senior Free Duet Finals spacing
<b>12:40 PM</b>	<b>1:25 PM</b>	<b>Senior Free Duet Finals Competition (10)</b>
1:25 PM	1:55 PM	Jr / Sr Combo Finals warm up (2) at 15 min.
<b>2:00 PM</b>	<b>3:25 PM</b>	<b>Jr / Sr Combo Finals Competition (14)</b>
3:25 PM	3:40 PM	Senior Team Finals warm up
<b>3:40 PM</b>	<b>4:05 PM</b>	<b>Senior Team Finals Competition (4)</b>
4:20 PM	4:35 PM	Junior/ Senior Parade of Athletes
<b>4:40 PM</b>		<b>Awards</b>