

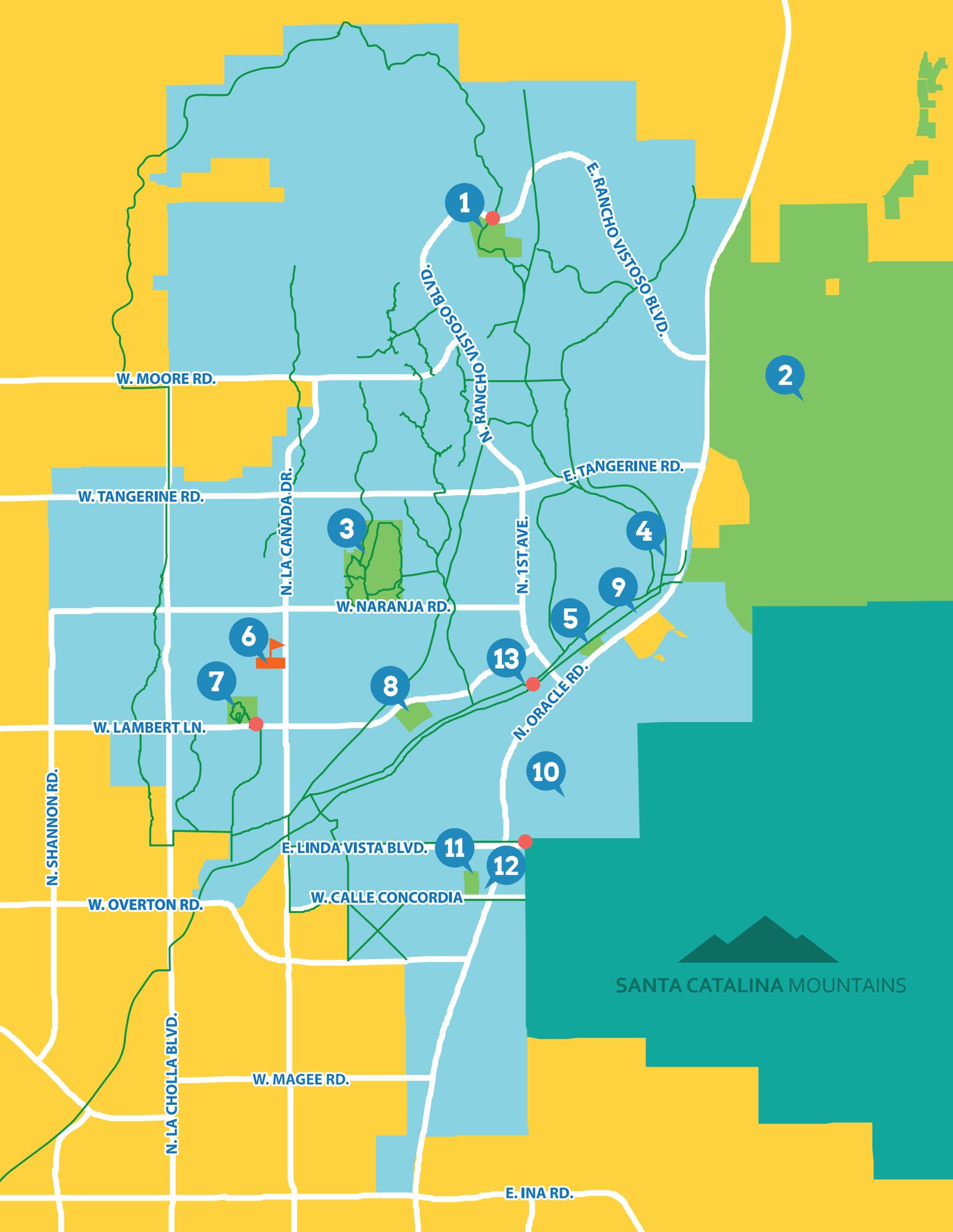


Town of Oro Valley Parks and Recreation

# PROGRAM GUIDE

SPRING 2017





## MAP LEGEND

For online version, please visit: <http://townoforovalley.maps.arcgis.com>

- Oro Valley Town Limits
- Park
- Coronado National Forest
- Trail Heads
- Trails/Shared Use Paths
- Parks & Recreation Office

## PARK INFORMATION & AMENITIES

- 1 HONEY BEE CANYON PARK**  
13880 N. Rancho Vistoso Blvd.

  - Two covered ramadas
  - Restrooms
  - Grills and picnic tables at ramadas
  - Accessible ramp
  - Drinking fountain
  - Hiking Trails
- 2 CATALINA STATE PARK**  
11570 N. Oracle Road

  - Ranger station
  - Restrooms and showers
  - Gift shop
  - Exhibits
  - Picnic area
  - Camping and RV sites
  - Dump station
  - Equestrian staging area
  - Hiking trails
- 3 NARANJA PARK**  
660 W. Naranja Drive

  - Trails
  - Archery range
  - Two archery walking courses
  - Metal detecting permitted
  - Two off-leash dog parks (for small/large dogs)
  - Restrooms
  - Two lighted multi-use fields
  - Covered ramada
  - Picnic tables at ramada
  - Remote control aircraft flying strip
- 4 CAÑADA DEL ORO SHARED USE PATH**  
Along the Cañada del Oro Wash, between La Cañada Drive and Oracle Road (with extensions to both the west and north)

  - Accessible Path
  - Water fountains along path and restrooms available at parks along path
  - Walking path
- 5 STEAM PUMP RANCH**  
10901 N. Oracle Road

  - Covered Ramada
  - National Historic Property
  - Restrooms
  - Drinking fountain
  - Restored house
  - Heritage garden
- 6 ORO VALLEY COMMUNITY CENTER EL CONQUISTADOR GOLF & TENNIS**  
10555 N. La Cañada Drive

  - Two 18-hole golf courses
  - Two racquetball courts
  - Four pickleball courts
  - 15 lighted tennis courts
  - Two swimming pools (one lap pool, one recreation pool)
  - Lighted, half-court basketball court
  - Fitness classes
  - Locker rooms
  - Child watch room
  - Cardio equipment
  - Weight and exercise room
  - Overlook Restaurant
- 7 WEST LAMBERT LANE PARK**  
1750 W. Lambert Lane

  - Natural hiking trails
  - Metal detecting permitted
- 8 CAÑADA DEL ORO RIVERFRONT PARK**  
551 W. Lambert Lane

  - Sand volleyball court
  - Three covered ramadas
  - Shaded playground area
  - Grills and picnic tables at ramadas
  - Two drinking fountains
  - Performance area
  - Metal detecting permitted
  - Two lighted restrooms
  - Two lighted softball fields
  - Two lighted soccer fields
  - One lighted tennis court
  - One lighted basketball court
  - Equestrian staging area
  - Concession stand
  - Walking path (8/10 mile)
  - Two horseshoe pits
- 9 THO'AG PARK**  
Northeast end of Steam Pump Village

  - Picnic tables
  - Drinking fountain
  - Accessible path to Cañada del Oro Shared Use Path
  - Trail
- 10 EL CONQUISTADOR TENNIS & PUSCH X9 GOLF COURSE AT PUSCH RIDGE**  
10000 N. Oracle Road

  - 16 lighted tennis courts
  - Nine-hole golf course
- 11 JAMES D. KRIEGH PARK**  
23 W. Calle Concordia

  - Sand volleyball court
  - Covered ramada
  - Shaded playground area
  - Accessible playground area
  - Grills and picnic tables
  - Four drinking fountains
  - Metal detecting permitted
  - Two lighted restrooms
  - Three lighted baseball fields
  - Two lighted softball fields
  - Four racquetball courts
  - Two soccer/multipurpose fields
  - Batting cage (only one)
  - Concession stand
  - Off-leash dog park
- 12 ORO VALLEY AQUATIC CENTER**  
23 W. Calle Concordia

  - Interactive splash pad
  - Giant water slide
  - 25-yard recreation pool
  - Olympic-sized competition pool
  - Colorado timing system, touch pads and score board
  - Classroom for parties, meetings and classes
  - Restrooms and family changing rooms
  - Concession stand
  - Shaded bleachers
- 13 GREENOCK PARK**  
Greenock & Oracle Road intersection

  - Picnic table

## WELCOME!

In Mayor Hiremath's 2016 State of the Town Address, he challenged us to make lasting memories in Oro Valley. You will find plenty of opportunities to create your own lasting memories throughout this spring 2017 program guide. Start the year by participating in a 5K run at the Hot Cocoa 5K on New Year's Day! Learn the sport of archery with your friends, pick up the game of golf with your neighbor, or MOVE Across 2 Ranges with your family. Each is an opportunity to make a lasting memory.

New this spring are preschool enrichment classes, *I Can Too!* spring break camp, adult Color & Chat program, and a special book discussion and signing event with Amy Silverman, author of "My Heart Can't Even Believe It: A Story of Science, Love, and Down Syndrome."

See you in the parks (making memories)!

**Kristy Diaz-Trahan, director  
Oro Valley Parks & Recreation**

## ORO VALLEY PARKS AND RECREATION

10555 N. La Cañada Dr.  
Oro Valley, AZ 85737

**Phone:** 520-229-5050

**Fax:** 520-297-1618

Business Hours:

Monday – Friday (8 a.m. – 5 p.m.)

Website:

[www.orovalleyaz.gov/parksandrec](http://www.orovalleyaz.gov/parksandrec)

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## HOW TO REGISTER

Register online by visiting us at <http://www.orovalleyaz.gov/parksandrec> and selecting the "Register for classes" button in the far-right column of the page. Once you've reached the Online Registration page, follow these steps:

1. Enter your username and password or, if you do not have one, click "Need an Account?" Once your information has been submitted, you will receive a confirmation email. You may then register for activities by following the instructions below.
2. Under the Quick Links bar, click "Browse Activities."
3. Locate your activity and click on the shopping cart on the left.
4. Click on the "Enroll Now" button that pops up at the bottom of the screen.
5. Check the box next to the person you would like to enroll for the class and click "Add to Cart."
6. Review and agree to the waiver by clicking "Agree."
7. Click on "Proceed to Checkout," enter payment information, or click "Continue Shopping" if you'd like to add more activities.
8. Click "Submit Payment" to complete the process and the system will generate a printable receipt.



Scan this QR code with your smartphone to register online.

## SOCIAL MEDIA

Keep up with Town events and follow the Town of Oro Valley online!



[facebook.com/orovalleyazgov](https://www.facebook.com/orovalleyazgov)



[facebook.com/orovalleyparksandrec](https://www.facebook.com/orovalleyparksandrec)



[@OroValleyAZGov](https://twitter.com/OroValleyAZGov)



[TownOfOroValleyAZ](https://www.youtube.com/TownOfOroValleyAZ)

## TOWN OF ORO VALLEY

### Town Council

Mayor Satish I. Hiremath, D.D.S.  
Vice Mayor Lou Waters  
Councilmember Joe Hornat  
Councilmember Rhonda Piña  
Councilmember Bill Rodman  
Councilmember Mary Snider  
Councilmember Steve Solomon

### Interim Town Manager

Daniel G. Sharp

### Parks & Recreation Advisory Board

Adam Wade, chair  
Alison Sutton-Ryan, vice chair  
Tom Carle, member  
Betty Danker, member  
Ellen Guyer, member  
Tim Overton, member

### Historic Preservation Commission

Jenni Sunshine, chair  
Walter Ohlson, vice chair  
Alison Crane, commissioner  
Dan Huff, commissioner  
Joseph Kane, commissioner  
Eric Thomae, commissioner

### Parks & Recreation Department

Kristy Diaz-Trahan, director  
Mollie Frye, senior office specialist  
Brandon Laue, manager (Aquatics)  
Logan McNutt, assistant manager (Aquatics)  
Kevin Marts, manager (Community Center)  
Andy Kosecki, assistant manager (Community Center)  
Jeanna Ancona, senior office specialist (Community Center)  
Nancy Ellis, multimodal planner  
Lynanne Dellerman, manager (Recreation/Cultural Services)  
Nick Scala, assistant manager (Recreation/Cultural Services)

## ORO VALLEY COMMUNITY CENTER

10555 N. La Cañada  
Oro Valley, AZ 85737  
520-544-1900

[orovalleyaz.gov/community-center](http://orovalleyaz.gov/community-center)

### Hours of Operation

Monday – Friday  
5 a.m. to 9 p.m.

Saturday – Sunday  
6 a.m. to 8 p.m.



The Oro Valley Community Center is a 52,000+ square-foot facility located in the heart of Oro Valley. The center features more than 100 fitness classes a month, kids korner, a full suite of cardio and strength equipment, spin studio, two racquetball courts, four pickleball courts, 15 lighted tennis courts, two 18-hole golf courses and a recreation/lap pool. The center also has two meeting rooms and a private pool area available for rent, a golf shop and full service restaurant/bar. The Parks and Recreation Administrative Offices are located in the center. The kids korner is also host to a wide variety of programs and camps.

We offer two fitness packages: Classic and Premium. Fitness memberships are billed monthly with a 30-day written cancellation notice required. The center also offers drop-in daily use fees.

## MEMBERSHIP BENEFITS

### CLASSIC MEMBERSHIP

- Cardio and strength equipment
- Fitness classes (including Yoga, Zumba, Tai Chi, and a wide variety of cardio and strength classes)
- Spin studio
- Racquetball courts
- Swimming pools (lap swim and rec pool)
- 15 tennis courts
- Member discounts on programs
- 4 pickleball courts
- Equipment orientation

### PREMIUM MEMBERSHIP

- All Classic benefits
- 16 additional tennis courts (Pusch Ridge location)
- 72-hour advance tennis court reservation privileges
- 15% discount at the Overlook Restaurant
- 20% discount on hard goods (sports equipment)
- 25% discount on apparel
- Access to the Oro Valley Aquatic Center

## FEES AND MEMBERSHIPS

### RESIDENT PRICING

Ages/Groups	Classic (monthly)	Premium (monthly)	Daily drop-in fee
Youth (4-17 yrs.)	\$20	\$25	\$5
Adult (18-61 yrs.)	\$40	\$60	\$7
Senior (62+ yrs.)	\$30*	\$50*	\$5*
Couple	\$60	\$75	n/a
Family (up to six)	\$70	\$100	\$14

### NON-RESIDENT PRICING

Ages/Groups	Classic (monthly)	Premium (monthly)	Daily drop-in fee
Youth (4-17 yrs.)	\$25	\$30	\$6
Adult (18-61 yrs.)	\$45	\$65	\$8
Senior (62+ yrs.)	\$35*	\$55*	\$6*
Couple	\$70	\$85	n/a
Family (up to six)	\$80	\$110	\$15

\* Military/Fire/Police/EMT (First responder discount)

## KIDS KORNER

Leave your child with us while you enjoy your workout or a meal at the Overlook Restaurant!



- Ages:** 3 months to 8 years  
Two hour maximum per day
- Fees:** Free to all Community Center members  
Non-members: \$10 flat rate
- Hours:** Monday – Thursday: 8 a.m. – noon and 4 – 8 p.m.  
Friday: 8 a.m. – noon and 4 – 9 p.m.  
Saturday: 8 a.m. – noon  
Sunday: 9 a.m. – noon
- Activities:** Arts and crafts, games, reading, outdoor play and fun!
- Contact:** 520-544-5358 or 544-1900 for more information



## MEETING ROOM/POOL RENTALS

<b>Sunset Room</b> 120-person capacity	\$75 per hour* for residents/non-residents. *includes beverage station (iced tea, lemonade and water)	Contact 520-229-5366 or 520-229-5355 for more information and reservations
<b>Arizona Room</b> 10-person capacity	\$25 per hour for residents \$28 per hour for non-residents	Contact 520-544-1900 for more information and reservations
<b>Recreation Pool</b> 70-person capacity	\$75 per hour for residents \$85 for non-residents Rental includes required lifeguards	Contact 520-544-1900 for more information and reservations

## EL CONQUISTADOR GOLF

10555 N. La Cañada Dr.  
Oro Valley, AZ 85737  
520-544-1801

**Hours of Operation**  
Mon. – Sun., 6:30 a.m. to 5:30 p.m.  
Varies seasonally

[www.elconquistadorcc.com](http://www.elconquistadorcc.com)



45 holes of championship golf await you with two 18-hole high desert courses (Cañada and Conquistador), and one, picturesque nine-hole course (Pusch X9), located in the heart of Oro Valley. Your reward will follow swiftly, as your golf game leads you along winding paths through stunning desert landscapes of mystical, vast and open spaces with prickly Sonoran Desert vegetation of indescribable beauty. Play through Saguaro-capped hillsides surrounded by natural desert terrain, and enjoy manicured fairways with spectacular views of the Santa Catalina Mountains and desert wildlife. For more information, visit [www.elconquistadorcc.com](http://www.elconquistadorcc.com).

**Book your tee time:** Call the Golf Shop 520-544-1801

### **Pusch X9**

Pusch X9 (formerly the Pusch Ridge Golf Course) is located near the Hilton El Conquistador Resort, 10000 N. Oracle Rd. Pusch X9 is Oro Valley's next level in golf entertainment. A unique, nine-hole course where new golfers, non-golfers, and those seeking excitement can play competitive games such as: traditional golf, FootGolf and Hack Golf under the Santa Catalina Mountains. For tee times and more information, call 520-544-1780.



GolfBoards are here! Have you "Surfed the Earth?"

The greatest invention in golf since the graphite shaft, the GolfBoard will change the way you experience the game. The GolfBoard is a fun alternative to riding a golf cart. Golfers of all ages can now "Surf the Earth" from shot-to-shot in a way that feels like snowboarding or surfing. Join us to enjoy GolfBoarding today!



**GOLF MEMBERSHIP INFORMATION**

For more information, contact Nicole Niemann, membership sales manager, at 520-229-5357.

**CONQUEROR MEMBERSHIP** (Formerly "Family" Membership)

Four (4) family member maximum

<b>Resident</b>	\$440 per month
<b>Non-resident</b>	\$485 per month

**Cart fees**

<b>Trail fee</b>	\$1,200 annually
<b>Club cart</b>	\$1,800 annually

**EXPLORER MEMBERSHIP** (Formerly "Individual" Membership)

One (1) person maximum

<b>Resident</b>	\$295 per month
<b>Non-resident</b>	\$325 per month

**Cart fees**

<b>Trail fee</b>	\$850 annually
<b>Club cart</b>	\$1,200 annually

**DISCOVERY** (Formerly "Junior Executive" Membership)

Ages 45 and under; four (4) family member maximum

<b>Resident</b>	\$320 per month
<b>Non-resident</b>	\$350 per month

**Cart fees**

	<b>Individual</b>	<b>Family</b>
<b>Trail fee</b>	\$850 annually	\$1,200 annually
<b>Club cart</b>	\$1,200 annually	\$1,800 annually

**ADVENTURER MEMBERSHIP**

Ages 18 and under; one (1) junior maximum

<b>Resident</b>	\$50 per month
<b>Non-resident</b>	\$60 per month

**Cart fees** n/a

**RANGER PASS**

<b>Resident</b>	\$300 annually
<b>Non-resident</b>	\$360 annually

- Unlimited use of practice facilities (applies to public practice facilities only)
- Golf clinics

**WEEKEND WARRIOR** **NEW Trial Membership\***

Access to 45 holes of unlimited golf on Fridays after 2 p.m., Saturday, Sunday, holidays & your birthday

**Monthly Membership Dues**

<b>Single</b>	\$100	<b>Couple</b>	\$160	<b>Family</b>	\$240
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**Cart fees**

	<b>Single</b>	<b>Couple</b>	<b>Family</b>
<b>Trail fee</b>	\$50 plus tax	\$80 plus tax	\$195 plus tax
<b>Club cart</b>	\$75 plus tax	\$130 plus tax	\$145 plus tax

**Trial Membership** **Days of Play**

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
					after 2 p.m.	
					after 2 p.m.	
					after 2 p.m.	
					after 2 p.m.	

\*Fitness, Tennis, Aquatic Center and other amenities not included. Contact Nicole Niemann for more information.

+Holidays

+ Your Birthday!

**GOLF MEMBERSHIP BENEFITS**

- 45 holes of unlimited golf (cart fees apply and are paid separately)
- Access to Troon Privé Privilege\*
- Access to Troon Advantage Privilege
- Troon Rewards
- 15-day advance tee time booking privilege
- Unlimited use of a full practice facility
- Dedicated members-only 18 holes
- Charging privileges at the Overlook Restaurant, golf and tennis shops
- 31 lighted tennis courts
- 72-hour advance tennis court reservation privilege
- 15% discount on food and beverages
- 20% discount on hard goods (sports equipment)
- 25% discount on soft goods (clothing, etc.)
- Swimming pools (lap swim and leisure pool)
- Cardio and strength equipment
- Access to the Oro Valley Aquatic Center
- Fitness classes
- Spinning studio
- Discounted rates for golf clinics
- 4 pickleball courts
- 2 racquetball courts
- Member discount on programs

\*Troon Privé Privilege does not apply to the Adventurer Membership.

## ORO VALLEY AQUATIC CENTER

23 W. Calle Concordia

Oro Valley, AZ 85704

520-297-7946

[orovalleyaz.gov/aquatics](http://orovalleyaz.gov/aquatics)



The Oro Valley Aquatic Center is competition-ready and full of family-friendly amenities for guests of all ages! The Aquatic Center is open year-round with an average water temperature of 80 degrees.

The Aquatic Center includes the following:

- Interactive splash pad
- 130' water slide
- 25-yard heated recreation pool
- 50-meter heated competition pool with scoreboard
- 4 springboard diving boards (two, 1-meter boards and two, 3-meter boards)
- Classroom and outdoor ramada for birthday parties, community meetings and Red Cross classes
- Family changing rooms
- Shaded bleachers and rest areas
- Concession stand

## MEMBERSHIP DISCOUNT

### Mid-Day Splash Membership

Fee: \$175

One year membership from date of signup. Applies to all ages. Swim times only between the hours of 10 a.m. – 2 p.m., Monday – Friday, and anytime on weekends.

## HOLIDAYS, CLOSURES & SPECIAL HOURS

- **Dec. 31:** New Year's Eve, Pool closes at 4 p.m.
- **Jan. 1:** New Year's Day, Pool open with normal hours.
- **Jan. 16:** Martin Luther King Jr. Day, Pool open with normal hours.
- **Jan. 27-29:** Jr./Sr. Synchronized Swimming Competition, Pool open for limited lap swimming beginning at 3 p.m. on Jan. 27 through Jan. 29.
- **Feb. 19:** Master's Relay Meet, Pool open for limited lap swim.
- **March 2-5:** West Zone Nationals, Closure to be determined.
- **March 9-12:** Age Group States Swim Meet, Pool will be closed starting at 3 p.m. on Thursday and all day Friday, Saturday and Sunday.
- **March 25:** OV Sprint Triathlon, Pool closed from 5 a.m. to 11 a.m.
- **April 4-9:** U.S. Nationals Synchronized Swimming, Closure to be determined.



## RENTAL INFORMATION

### RESERVATIONS

#### CLASSROOM\*

- Maximum: 30 people
- Residents: \$125 for 2 hours
- Non-residents: \$150 for 2 hours

#### RAMADA\*

- Residents: \$125 for 2 hours, up to 25 people  
\$250 for 2 hours, up to 50 people
- Non-residents: \$150 for 2 hours, up to 25 people  
\$275 for 2 hours, up to 50 people

\*Price includes admission to the Aquatic Center.

For parties of 12 people or fewer, please see Aquatics Manager for pricing options.

### CLASSROOM & POOL RAMADA (IF NOT USING ANY WATER ELEMENTS)

- Residents & Non-Residents: \$25 Per Hour

Full payments for all facility reservations are due to the Oro Valley Aquatic Center within 48 hours after the reservation is made. Failure to pay within this time frame will result in the loss of your reservation.

### GROUP RESERVATIONS

Parties of 50 or more receive \$1 off of the individual admission rates. If the Ramada and/or Classroom are desired, the above rates apply and any additional guests (over the 50 count) will also receive this \$1 off per person discount.

### FACILITY RESERVATIONS (AFTER-HOURS ONLY)

Parties may exclusively reserve the facility outside of normal operating hours. In addition to the rates listed below, the normal Daily Admission Charges will apply (both to "Residents" or "Non-Residents").

Daily admission discounts may apply to parties over 50. Please ask Aquatics Manager for details.

#### Water Elements:

- Entire facility (9 staff) \$135/hour
- Recreation elements (slide, splash pad and rec pool – 6 staff) \$90/hour
- Olympic pool including diving boards (5 staff) \$75/hour

#### Additional Elements

- Snack bar (1 staff member) \$15/hour
- Movie projector & screen set-up \$200 – Patron to supply the DVD movie.

## FEES AND MEMBERSHIPS

**MONTH-TO-MONTH MEMBERSHIP** (Automatic billing; two-month minimum)  
Must provide 30 days notice and fill out Cancellation Form to be removed from Automatic Billing.

	Regular Rate	Oro Valley Residents*
Youth (4-17 yrs.)	\$25	\$20
Adult (18-61 yrs.)	\$35	\$30
Senior (62+ yrs.)	\$25	\$20 (Military/Fire/Police/EMT)
Couple	\$50	\$40
Family (up to six)	\$70	\$60
Add-On (Swim Team Member)	\$15	\$15
Fitness Partner	20% off membership rates for members of Anytime Fitness (Magee/Oracle location) and Title Boxing Club (Oracle and Tangerine)	

	Regular Rate	Oro Valley Residents*
<b>DAILY ADMISSION</b>		
Children (3 yrs. & Under)	Free	Free
Youth (4-17 yrs.)	\$5	\$4
Adult (18-61 yrs.)	\$7	\$6
Senior (62+ yrs.)	\$6	\$5 (Military/Fire/Police/EMT)
Family (up to six)	\$15	\$14
Spectator (Events)	\$3	\$3

\*Proof of residency required for Oro Valley Resident Rates

Children under 13 years old must be accompanied by an adult. (An adult is defined as a parent/guardian over the age of 18.) This does not apply to children who are part of a swim team here at the Oro Valley Aquatic Center while a coach is on deck.



# Swim Lessons with FAST at the Oro Valley Aquatic Center

23 W. Calle Concordia • 520-297-SWIM (7946)

Please note: Neither refunds nor make-up classes will be offered due to inclement weather.

Lesson Times: Tuesday/Thursday Afternoons	March 7-30	April 4-27
4 p.m.	Level: 1, 2	Level: 1,2
4:30 p.m.	Level: 2, 3	Level: 2, 3
5 p.m.	Level: PT, 4	Level: PT, 4
5:30 p.m.	Level: 2, 3	Level: 2, 3
6 p.m.	Level: 1, 2	Level: 1, 2
6:30 p.m.	Level: 3, 4	Level: 3, 4
Monday/Wednesday	March 6-29	April 3-26
6 p.m.	Level: 2, 3	Level: 2, 3
6:30 p.m.	Level: 1, 4	Level: 1, 4

## SESSIONS ARE:

- 30 minutes in length x 8 lessons
- Provided twice per week (Monday/Wednesday or Tuesday/Thursday)
- Limited to 4 swimmers or fewer per class to ensure plenty of one-on-one attention
- \$65/month

## PARENT/TOT (PT)

The goal of this level is to get children ages 18 months to 3 years comfortable in the water with both their parents and an instructor.

## LEVEL 1 (AGES 3-5)

Swimmers will spend time on the steps while the instructor works with each child individually. This level's swimmers will learn:

- Fully submerge head
- Assisted back float
- Unassisted front float
- Spiderman crawl
- Unassisted pool exit
- Unassisted standing jump entry

## LEVEL 2 (AGES 4-7)

This level's swimmers will learn:

- Unassisted rhythmic bobs
- Unassisted back float
- Unassisted front kick w/ rhythmic breathing
- Unassisted back kick
- Deep water object recovery

## LEVEL 3 (AGES 6-9)

This level swimmers will learn:

- Freestyle kick w/ rhythmic breath 20M
- Backstroke kick 20M
- Freestyle arm action w/ rhythmic breaths 15M
- Backstroke arm action 15M
- Breast (frog) kick motion
- Fly (dolphin) kick motion

## LEVEL 4/GREEN GROUP (AGES 8-12)

This is the final swim lesson level at FAST. After completing this level, swimmers will be ready to join the Blue Group on the FAST swim team, pending a coach evaluation. This level's swimmers will learn:

- Freestyle Kick w/ Board 25M
- Streamline Backstroke Kick 25M
- Freestyle Swim w/ side breathing 25M
- Backstroke Swim 25M
- Breast Swim 25M
- Fly Kick 15M
- Front Dive w/ Glide



To register, please visit the Oro Valley Aquatic Center or call 520-297-7946 for more information.

\*Level times are subject to change due to number of athletes.

# ORO VALLEY AQUATIC CENTER HOURS OF OPERATION



## 2017 WINTER SEASON (JANUARY 1 – MARCH 26, 2017)

OLYMPIC POOL						
MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
5 a.m. – 4 p.m. & 7:30 – 8 p.m.	5 a.m. – 6 p.m. & 7:30 – 8 p.m. (limited lanes from 4 – 6 p.m.)	5 a.m. – 4 p.m. & 7:30 – 8 p.m.	5 a.m. – 6 p.m. & 7:30 – 8 p.m. (limited lanes from 4 – 6 p.m.)	5 a.m. – 4 p.m. & 7:30 – 8 p.m.	6 a.m. – 5 p.m.	noon – 4 p.m.

**PLEASE NOTE:** On Mondays, Wednesdays & Fridays, the olympic pool will be closed to the public from 4 to 7:30 p.m.  
On Tuesdays & Thursdays the olympic pool will be closed to the public from 6 to 7:30 p.m.

RECREATION POOL						
MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
noon – 4:30 p.m. & 5:30 – 8 p.m. (limited lanes from 5:30 – 8 p.m.)	noon – 8 p.m. (limited lanes from 4:30 – 6 p.m.)	noon – 8 p.m. (limited lanes from 4:30 – 5:30 p.m.)	noon – 8 p.m. (limited lanes from 4:30 – 6 p.m.)	noon – 4:30 p.m. & 5:30 – 8 p.m. (limited lanes from 5:30 – 8 p.m.)	noon – 5 p.m.	noon – 4 p.m.

**PLEASE NOTE:** On Mondays & Fridays the recreation pool will be closed to the public between 4:30 to 5:30 p.m.

## AQUATIC CENTER “FUN” ELEMENTS

	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
<b>SPLASH PAD</b>	10 a.m. – 8 p.m.	10 a.m. – 8 p.m.	10 a.m. – 8 p.m.	10 a.m. – 8 p.m.	10 a.m. – 8 p.m.	10 a.m. – 5 p.m.	noon – 4 p.m.
<b>SLIDE</b>	4 – 8 p.m.	4 – 8 p.m.	4 – 8 p.m.	4 – 8 p.m.	4 – 8 p.m.	noon – 5 p.m.	noon – 4 p.m.
<b>DIVING BOARDS</b>	noon – 3:30 p.m.	noon – 3:30 p.m.	noon – 3:30 p.m.	noon – 3:30 p.m.	noon – 3:30 p.m.	noon – 5 p.m.	noon – 4 p.m.

# ORO VALLEY AQUATIC CENTER HOURS OF OPERATION



## 2017 WINTER SEASON (MARCH 27 – APRIL 30, 2017) \*LONG COURSE BEGINS

OLYMPIC POOL						
MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
5 a.m. – 4 p.m. & 7 – 8 p.m.  (limited lanes from 7 – 8 p.m.)	5 a.m. – 4 p.m. & 7 – 8 p.m.  *long course lanes 5 a.m. - 1 p.m.  (limited lanes from 7 – 8 p.m.)	5 a.m. – 4 p.m. & 7 – 8 p.m.  (limited lanes from 7 – 8 p.m.)	5 a.m. – 4 p.m. & 7 – 8 p.m.  *long course lanes 5 a.m. - 1 p.m.  (limited lanes from 7 – 8 p.m.)	5 a.m. – 4 p.m. & 7 – 8 p.m.  (limited lanes from 7 – 8 p.m.)	6 a.m. – 5 p.m.  *long course lanes 6 - 10 a.m.	noon – 5 p.m.

**PLEASE NOTE:** Monday through Friday the olympic pool will be closed to the public between 4 to 7 p.m.

\*Please allow 30 minutes for lane changing during scheduled long course hours

RECREATION POOL						
MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
noon – 4 p.m. & 7 – 8 p.m.  (limited lanes from 7 – 8 p.m.)	noon – 4 p.m. & 7 – 8 p.m.  (limited lanes from 7 – 8 p.m.)	noon – 4 p.m. & 7 – 8 p.m.  (limited lanes from 7 – 8 p.m.)	noon – 4 p.m. & 7 – 8 p.m.  (limited lanes from 7 – 8 p.m.)	noon – 4 p.m. & 7 – 8 p.m.  (limited lanes from 7 – 8 p.m.)	noon – 5 p.m.	noon – 5 p.m.

**PLEASE NOTE:** On Mondays & Fridays the recreation pool will be closed to the public between 4:30 to 5:30 p.m.

## AQUATIC CENTER "FUN" ELEMENTS

	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
<b>SPLASH PAD</b>	10 a.m. – 8 p.m.	10 a.m. – 8 p.m.	10 a.m. – 8 p.m.	10 a.m. – 8 p.m.	10 a.m. – 8 p.m.	10 a.m. – 5 p.m.	noon – 5 p.m.
<b>SLIDE</b>	4 – 8 p.m.	4 – 8 p.m.	4 – 8 p.m.	4 – 8 p.m.	4 – 8 p.m.	noon – 5 p.m.	noon – 5 p.m.
<b>DIVING BOARDS</b>	noon – 3:30 p.m.	1:30 – 3:30 p.m.	noon – 3:30 p.m.	1:30 – 3:30 p.m.	noon – 3:30 p.m.	noon – 5 p.m.	noon – 5 p.m.

## AQUATICS PROGRAMS



### ADULT (MASTERS) SWIM TEAM

United States Masters Swimming (USMS) is a national membership-operated nonprofit organization that provides membership benefits to nearly 60,000 Masters swimmers across the country. The word Masters in swimming simply means ages 18 and older.

**Audience:** Ages 18+  
**Days/Times:** Mon. – Fri. at 5 a.m. and 12 p.m.  
**Fee:** \$50 per month  
**Location:** Oro Valley Aquatic Center  
23 W. Calle Concordia  
**Registration:** Flying Fish Arizona Swim Team (FAST)  
Coaches Matthew Brauer and Gary Condit  
520-820-3233  
[www.fastarizonaswimteam.com](http://www.fastarizonaswimteam.com)

### FIND YOUR FINS



Find Your Fins (FYF) is a nonprofit, working to get veterans, addicts, seniors, financially-burdened, disabled and special needs individuals into the water. We provide swim lessons to all of these populations for free. All levels, from extremely fearful to great swimmers, are welcome. Expand your world to water where so many benefits await!

**Audience:** Veterans, addicts, seniors, financially-burdened (Ages 13+)  
Disabled and special needs (Ages 2+)  
**Days/Times:** Arranged with instructor  
**Fee:** Free  
**Location:** Oro Valley Aquatic Center  
23 W. Calle Concordia  
**Contact:** 520-409-5436



### INFANT SWIMMING RESOURCE

Give your child the competence, confidence and skills of aquatic safety with Infant Swimming Resource's Self-Rescue™ program—the safest provider of survival swimming lessons for children six months to six years of age.

**Audience:** Ages 6 months to 6 years  
**Days/Times:** Varies. For details, call Pam Housman at 520-572-8865.  
**Fee:** Varied/special discounts available  
**Location:** Oro Valley Aquatic Center  
23 W. Calle Concordia  
**Instructor:** Pam Housman and Justin Slade  
[www.infantswim.com](http://www.infantswim.com)  
**Email:** [bookitizr@gmail.com](mailto:bookitizr@gmail.com)

### MAXIMUM IMPACT PHYSICAL THERAPY

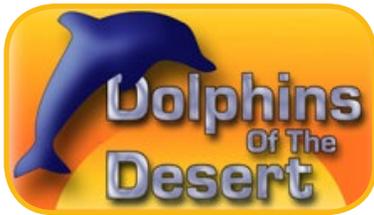
Advanced Treatment • Compassionate Care • Maximum Results



Maximum Impact Physical Therapy now offers aquatic therapy services at the Oro Valley Aquatic Center. We can help with your rehabilitation and fitness goals.

**Audience:** Ages 7+  
**Days/Times:** Call for appointment: 520-219-5825  
**Fee:** More than 140 insurance plans accepted  
**Location:** Oro Valley Aquatic Center  
23 W. Calle Concordia  
**Info:** [www.maximumimpactpt.com](http://www.maximumimpactpt.com)

**PRIVATE/SEMI PRIVATE SWIM LESSONS**



Private and semi-private swim lessons are offered by highly-qualified instructors through Dolphins of the Desert.

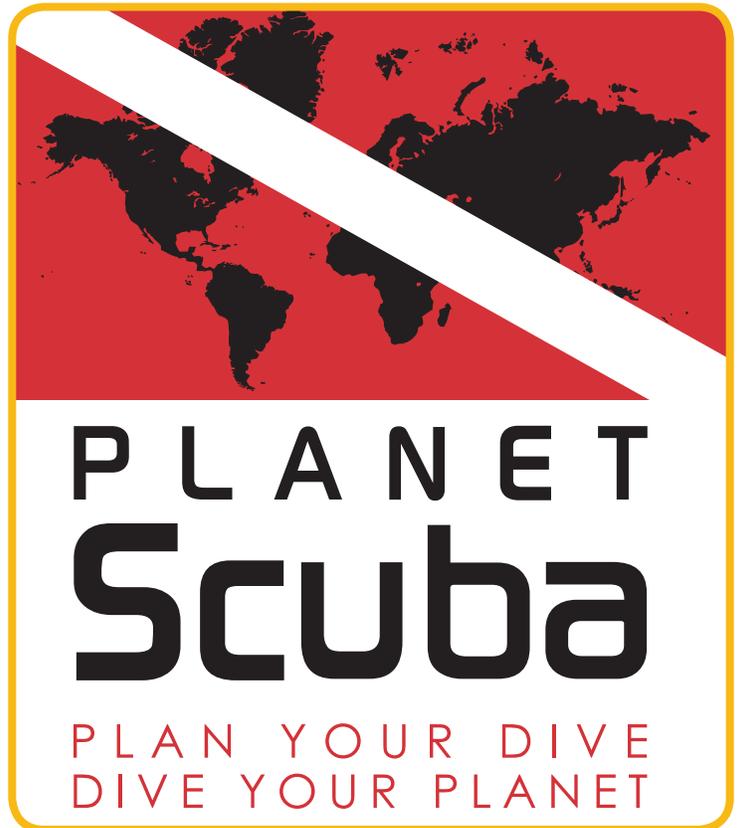
**Audience:** Ages 3+  
**Instructors:** Geoff Glaser and Justin Slade  
**Location:** Oro Valley Aquatic Center  
 23 W. Calle Concordia  
**Info:** [www.dolphinsofthedesert.com](http://www.dolphinsofthedesert.com)  
**Email:** [info@dolphinsofthedesert.com](mailto:info@dolphinsofthedesert.com)

**REIKI-IN-THE-WATER**

Reiki-in-the-Water combines the healing touch of Reiki with the soothing transformative properties of water. Reiki takes place in a heated pool that is four feet deep. Clients can wear an aerobic belt to be buoyant in the water. Treading water, floating and walking can also be done.

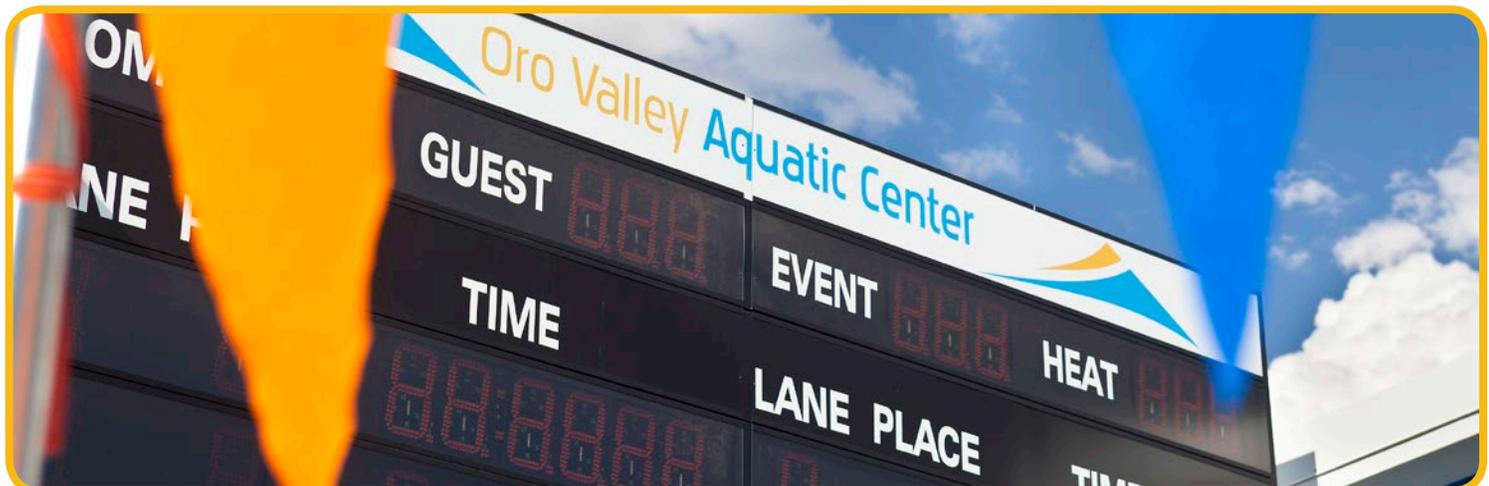
**Audience:** All ages  
**Days/Times:** By appointment only  
**Fee:** \$40 per session (30-45 minutes per session)  
**Location:** Oro Valley Aquatic Center  
 23 W. Calle Concordia  
**Instructor:** Nancy Bak Smith, Reiki Master Practitioner  
 435-640-3807  
**Info:** <http://nancybaksmith77.wix.com/wind-song-healing>

**SCUBA TRAINING BY PLANET SCUBA**



Planet Scuba is offering training classes for those interested in becoming scuba certified. Classes are held both at Planet Scuba (River & 1st Ave.) and at the Oro Valley Aquatic Center.

**Audience:** Ages 8+  
**Days/Times:** Flexible  
**Fee:** Varied/special discounts available  
**Info:** Planet Scuba, 520-209-2700



## AQUATICS PROGRAMS



### WATER AEROBICS & PILATES BY NANCY WHITLOCK WITH BALANCED SPIRIT PILATES STUDIO

Water aerobics is a water exercise performed in fairly shallow water. It is a type of resistance training done mostly vertically without swimming. Pilates is a safe, sensible workout for everyone. It improves core strength, flexibility, and balance and can help alleviate back pain and other chronic ailments. Pilates can dramatically transform the way your body looks, feels and performs.

<b>Audience:</b>	Ages 16+
<b>Days/Times:</b>	Varies. For details, call Nancy Whitlock at 520-395-0890
<b>Fee:</b>	Varied/special discounts available
<b>Location:</b>	Oro Valley Aquatic Center 23 W. Calle Concordia
<b>Instructor:</b>	Nancy Whitlock, Balanced Spirit Pilates Studio
<b>Email:</b>	<a href="mailto:nancywhitlock@live.com">nancywhitlock@live.com</a>



### YOUTH SWIM TEAMS

The Flying Fish Swim Team (FAST) and the Oro Valley Swim Team offer year-round instructional and USA Swimming competitive swim programs at the Oro Valley Aquatic Center for all ages. The head coaches from both teams bring extensive years of aquatic experience to the pool deck. These coaches provide expert training opportunities for the beginner as well as the high-level competitor in a world-class facility.



<b>Audience:</b>	Ages 5 – 18
<b>Days/Times:</b>	Mon. – Sat. (depending on practice group)
<b>Fees:</b>	Vary depending on practice group; Registration is ongoing.
<b>Location:</b>	Oro Valley Aquatic Center 23 W. Calle Concordia

#### Registration:

- **Flying Fish Arizona Swim Team (FAST)**  
Coaches Matthew Brauer, Gary Condit and Justin Slade  
520-820-3233  
[fastovcoaches@gmail.com](mailto:fastovcoaches@gmail.com)  
[www.fastarizonaswimteam.com](http://www.fastarizonaswimteam.com)
- **Oro Valley Swim Team**  
Head Coach Stan Valacer, 520-358-4121  
[www.ovalleeswimteam.com](http://www.ovalleeswimteam.com)



## ARCHERY: INTRODUCTION TO ARCHERY

This program is a basic introduction to international-style archery. Archery can be a skill enjoyed for a lifetime and is growing rapidly in popularity. It is safe and fun when basic rules and procedures are followed. We will teach you these rules, procedures, play creative games to improve accuracy and the basic skills necessary to help you begin a lifetime of enjoying the sport of archery. This is a great first step to the “Junior Olympic Archery Development” program, which is also available at Naranja Park. All necessary equipment is provided.

**Audience:** Ages 8 – 12

**Dates/Times:** Tuesdays, 1 – 2:15 p.m. (for early dismissal)

**Session dates:** Dec. 6 & 13 (2 lessons)  
Jan. 10 – 31 (4 lessons)  
Feb. 7 – 28 (4 lessons)  
March 7, 21 & 28 (3 lessons)  
April 4 – 25 (4 lessons)  
May 2 – 23 (4 lessons)

**Dates/Times:** Thursdays, 3 - 4:15 p.m. & 4:15 – 5:30 p.m.

**Session dates:** Dec 1, 8 & 15 (3 lessons)  
Jan. 5 – 26 (4 lessons)  
Feb. 2 – 16 (3 lessons)  
March 2, 9, 23 & 30 (4 lessons)  
April 13 – 27 (3 lessons)  
May 4 – 25 (4 lessons)

Copper Creek Elementary School  
Participants  
Oro Valley staff will meet students in front of the office.

Tuesday: 12:30 – 12:45 p.m. Depart and walk through gate to range.

Thursday: 2:30 – 2:45 p.m. Depart and walk through gate to range.

**Fee:** \$12 for 2 lessons; \$18 for 3 lessons; \$25 for 4 lessons

**Instructors:** Trained Oro Valley staff

**Location:** Oro Valley Archery Range at Naranja Park  
660 W. Naranja Dr.

## ARCHERY: INTERMEDIATE ARCHERY JUNIOR OLYMPIC ARCHERY DEVELOPMENT (JOAD) CLASSES

Following the guidelines of USA Archery, participants will:

- Train for line tournaments and competitions
- Train to shoot 3D Archery
- Train for Field Archery (using the NFAA walking courses)

As a sanctioned JOAD club, participants will:

- Have the chance to qualify for Olympic pins using the JOAD pin system
- Have the opportunity to compete in state and national tournaments
- Be introduced to and taught thoroughly how to score arrows
- Learn how to tune bows and index arrows
- Learn proper shooting technique

**Audience:** Ages 8 – 20

**Dates/Times:** Mondays, 4:15 – 5:30 p.m.

**Session dates:** Dec. 5, 12 & 19 (3 lessons)  
Jan. 9 – 30 (4 lessons)  
Feb. 6 – 27 (4 lessons)  
March 6, 20 & 27 (3 lessons)  
April 3 – 24 (4 lessons)  
May 1 – 22 (4 lessons)

**Dates/Times:** Saturdays, 8 – 10 a.m.

**Session dates:** Dec. 3 & 10 (2 lessons)  
Jan. 14 - 28 (3 lessons)  
Feb. 11 - 25 (3 lessons)  
March 4, 18, 25 (3 lessons)

**Fees:** \$12 for 2 lessons; \$18 for 3 lessons; \$25 for 4 lessons

**Instructors:** Oro Valley staff member Meaghan Bunge is a Level 2 Nationally Certified Olympic Coach. She is a 3D division tournament champion and has placed first in many line tournaments in Arizona.

**Location:** Oro Valley Archery Range at Naranja Park  
660 W. Naranja Dr.

## YOUTH PROGRAMS



### CRAZY FOR HORSES KIDS WINTER & SPRING CAMPS AT ROLLING HILLS RIDING ACADEMY

Children will spend time on horseback, riding both Western and English styles. They will learn about horse behavior, language, interpreting what the horse is thinking, horse care and grooming, equine anatomy, colors and breeds. They will do crafts, go on trail rides and play games on horseback. Emphasis is placed on the relationship with the horse and safety. There are helmets and boots to loan students who do not have their own. Instructors emphasize safety and are well trained in their riding discipline.

<b>Audience:</b>	Ages 6 – 12
<b>Days/Times:</b>	Monday – Friday, 9 a.m. – noon
<b>Session dates:</b>	Dec. 26 – 30 Jan. 2 – 6 March 13 – 17 March 20 – 24
<b>Fees:</b>	\$200
<b>Instructors:</b>	Donica Draper and Susan Blake
<b>Location:</b>	Rolling Hills Riding Academy 9015 N. Camino de Anza

### GOLF

For youth golf programs, please see Golf section on page 26.

### IT'S A GRAND DAY! – ADULT/CHILD PICTURE CREATIVITY

Let's do something GRAND and spend a little time with that special person. You and your team will enjoy having your picture taken and then make a special frame to put it in. We supply all the crafts, pictures, and even a yummy snack. Bring your creativity and whomever you want to photograph.

<b>Audience:</b>	All ages
<b>Day/Time:</b>	Saturday, 9 - 11 a.m.
<b>Date:</b>	February 18
<b>Fees:</b>	\$10 for two picture frames
<b>Info:</b>	Call 520-544-1900 for more details.
<b>Location:</b>	Oro Valley Community Center 10555 N. La Cañada Dr.



### KARATE/TAE KWON DO

Build confidence and learn self-defense at the same time with Sensei Hupp. Martial arts are a great way to keep in shape, gain a new skill set and build character. Classes start on the first of every month.

<b>Audience:</b>	All ages
<b>Days:</b>	Mondays & Wednesdays
<b>Times:</b>	6 - 7 p.m. (youth) 7 - 8 p.m. (adult & family)
<b>Session Dates:</b>	Monthly
<b>Fees:</b>	Individual: \$80 (per month) Family (2 people): \$145 (per month) Family (3 people): \$200 (per month)
<b>Info:</b>	Call 520-544-1900 for more details.
<b>Location:</b>	Oro Valley Community Center 10555 N. La Cañada Dr.



**LET'S MOVE IT, MOVE IT – ADULT/CHILD ACTIVITY CLASS**

Join us for action-filled classes that are sure to keep you on your toes. We'll get moving with balls, parachute, hula hoops and more. Come meet new friends and be ready to have lots of fun!

**Audience:** Ages 3 – 5  
**Day/Time:** Mondays, 10 - 10:45 a.m. in the Sunset Room  
**Dates:** Jan. 16, 23, 30 & Feb. 6  
**Fee:** \$40 Community Center Members  
 \$65 Non-Members  
**Info:** Call 520-544-1900 for more details.  
**Location:** Oro Valley Community Center  
 10555 N. La Cañada Dr.



**LET THE MUSIC PLAY – PRESCHOOL ENRICHMENT CLASS**

Music and movement ignite all areas of child development. Let your preschooler explore the world of music as we learn songs, dance, and even play your very own instruments that will be made in class!

**Audience:** Ages 3 – 5  
**Day/Time:** Mondays, 9 - 9:45 a.m. in the Sunset Room  
**Dates:** Jan. 16, 23, 30 & Feb. 6  
**Fee:** \$40 Community Center Members  
 \$65 Non-Members  
**Info:** Call 520-544-1900 for more details.  
**Location:** Oro Valley Community Center  
 10555 N. La Cañada Dr.

**MOTHER/DAUGHTER SPA EVENING**

Nothing says “girl bonding” like a spa evening! This is a wonderful opportunity to slow down, reconnect, relax and enjoy some pampering. Your spa evening will include simple hairstyling (clean hair, please), along with pretty nail polish for your fingers. All services are performed by licensed stylists and nail technicians. Enjoy an evening of beauty together!

**Audience:** Mothers/daughters  
**Day/Time:** Friday, 5:30 - 7:30 p.m.  
**Date:** February 10  
**Fee:** Cost for two people:  
 \$25 for Community Center Members  
 \$45 for Non-Members  
**Info:** Call 520-544-1900 for more details.  
**Location:** Oro Valley Community Center  
 10555 N. La Cañada Dr.



**SPRING BREAK CAMP AT THE ORO VALLEY COMMUNITY CENTER**

Spring break doesn't mean there's nothing to do! Games, sports, activities, crafts and more await you at the Oro Valley Community Center. Morning and afternoon snacks will be provided; children must bring a sack lunch. Space is limited and registration will be on a first-come, first-served basis.

**Audience:** Ages 6 – 12  
**Days/Times:** Monday - Friday, 9 a.m. - 4p.m.  
**Dates:** March 13 - 17  
**Fee:** \$100  
**Extended Care:** 7 - 9 a.m., \$20  
 4 - 6 p.m., \$20  
**Locations:** Oro Valley Community Center  
 10555 N. La Cañada Dr.

## YOUTH PROGRAMS



### TEAM DANCE

Team Dance is a blend of street jazz and hip-hop, choreographed to the hottest new songs! If you love to dance, this is the place to be.

<b>Audience:</b>	Girls, grades 1 – 5
<b>Days:</b>	Monday: Copper Creek Elementary Tuesday: Wilson K-8 Wednesday: Painted Sky Elementary School
<b>Times:</b>	Copper Creek, 2:30 p.m. Wilson K-8, 12:50 p.m. Painted Sky, 3:20 p.m.
<b>Session Dates:</b>	Copper Creek: Jan. 23 – Feb. 27, March 20 – April 24 Wilson K-8: Jan. 24 – Feb. 28, March 21 – April 25 Painted Sky: Jan. 25 – March 1, March 22 – April 26
<b>Fees:</b>	\$50 per season
<b>Instructor:</b>	Shawna Dorame, Jazzercise and team instructor
<b>Locations:</b>	Copper Creek Elementary School gymnasium, 11620 N. Copper Spring Wilson K-8 foyer, 2330 W. Glover Painted Sky Elementary School additional PE room, 12620 N. Woodburne

### TENNIS

For youth tennis programs, please see Tennis section on page 28.

### I CAN TOO! PROGRAMS

*I Can Too!* is Oro Valley's program for young people with disabilities. Through the use of activity modifications and greater staff-to-youth ratios, participants will have the opportunity to play alongside their non-disabled peers.



### I CAN TOO! ARCHERY INCLUSION PROGRAM FOR YOUTH WITH DISABILITIES

Participants will learn the basics of archery with modified equipment to suit the needs of the participant with greater staff-to-youth ratios.

<b>Audience:</b>	Youth ages 8 – 13 with disabilities
<b>Day/Time:</b>	Wednesdays, 4:15 - 5:15 p.m.
<b>Dates:</b>	Jan. 18 & 25 Feb. 1 & 8 Feb. 15 & 22 March 1 & 8 March 22 & 29
<b>Fee:</b>	\$20 per two-week session
<b>Instructor:</b>	Meaghan Bunge and assistants equipped to work with disabled youth
<b>Location:</b>	Oro Valley Archery Range at Naranja Park 660 W Naranja Dr.
<b>Contact:</b>	Oro Valley Parks & Recreation 520-229-5050



## I CAN TOO! SPRING BREAK CAMP AT THE ORO VALLEY COMMUNITY CENTER

Spring break doesn't mean there's nothing to do! Games, sports, activities, crafts and more await you at the Oro Valley Community Center. Morning and afternoon snacks will be provided; children must bring a sack lunch. Space is limited and registration will be on a first-come, first-served basis.

- Audience:** Ages 6 - 12
- Days/Times:** 9 a.m. - 1 p.m., Mon. – Thurs. (partial inclusion)  
8 a.m. - 3 p.m., Mon. – Fri. (full inclusion)
- Dates:** March 13 - 17
- Fees:** \$80 partial inclusion - \$100 full inclusion
- Location:** Oro Valley Community Center  
10555 N. La Cañada Dr.
- Info:** Call 520-544-1900 for more details.

**You must register your child online through the *I Can Too!* program option and respond to questions to the best of your ability.** A professional *I Can Too!* instructor will select the full or partial inclusion program based on the best option for your child. Other important information:

- No Before & After care option available.
- Maximum is 4 participants per session.
- Camp is geared toward intellectual disabilities, e.g. Down Syndrome, Asperger's, Autism, learning delays.
- Aides are welcome to be present if requested.
- Programs do not accept DDD (Division of Developmental Disabilities) respite care funding, and the DDD does not reimburse for services.
- Staff will be contacting parents one week prior to camp or when roster is full to address any questions or requirements.



## I CAN TOO! SATURDAY SPECIAL TENNIS

Group adaptive instructional tennis clinics for children and adults of any age with special needs/IDD. Participants can be independently ambulatory or use adaptive devices for mobility (crutches, walkers, manual or power wheelchairs).

- Audience:** Ages 6+
- Day/Time:** Saturdays, 11 – 11:45 a.m.
- Dates:** Jan. 7 – May 20. No program February 23 - 26 & March 13 - 19.  
Note: some classes may not be held due to events and/or holidays.
- Fee:** Free
- Location:** Oro Valley Community Center  
10555 N. La Cañada Dr.
- Registration:** No formal registration necessary. Call or email Director of Tennis Jennifer Fuchs at [jfuchs@troon.com](mailto:jfuchs@troon.com) or 520-544-1781 prior to attending to verify that the clinic is being held as well as providing a start date and any pertinent information.

## I CAN TOO! THERAPEUTIC RIDING AT ROLLING HILLS RIDING ACADEMY

This program is intended for children with severe A.D.D. or A.D.H.D. and neurodevelopmental disorders as well as persons who have suffered a brain injury. Parent interview and an evaluation lesson with child will be required (fee applies for lesson).

- Audience:** Ages 6+
- Days/Time:** Mondays – Friday, 9 a.m. – noon
- Session Dates:** Private or semi-private lesson dates will be determined upon request.
- Fees:** \$60 per lesson or discount available when purchasing 4 or more lessons
- Instructors:** Donica Draper and Susan Blake, certified therapeutic riding instructors
- Location:** Rolling Hills Riding Academy  
9015 N. Camino de Anza
- Contact:** Call 520-229-5050

## ADULT PROGRAMS



### ADULT COLOR & CHAT

Coloring books are no longer just for kids! Adult coloring is now all the rage. Coloring has calming effects, creates focus and brings about more mindfulness. Come with your own coloring book/ coloring supplies, meet new friends and color away! Stay for one hour or all three – it is your time to enjoy!

<b>Audience:</b>	Ages 18+
<b>Day/Time:</b>	Wednesdays, 1 – 4 p.m.
<b>Date:</b>	Starting January 4, 2017
<b>Fees:</b>	Free
<b>Location:</b>	Oro Valley Community Center 10555 N. La Cañada Dr.
<b>Info:</b>	No registration required.

### ARCHERY: ADVANCED (ADULT) ARCHERY CLASSES

Following the guidelines of USA Archery, adults will:

- Be introduced to and taught thoroughly how to score arrows
- Learn how to tune bows and index arrows
- Train for line tournaments and competitions
- Train to shoot 3D Archery
- Train for Field Archery (using the NFAA walking courses)
- Learn proper shooting technique

<b>Audience:</b>	Ages 15+
<b>Day/Time:</b>	<u>Fridays</u> , 5 – 6:30 p.m.
<b>Session Dates:</b>	Dec. 2 & 9 (2 lessons) Jan. 13 – 27 (3 lessons) Feb. 10-24 (3 lessons) March 3, 10, 24, 31 (4 lessons) April 14 & 21 (2 lessons) May 5 – 26 (4 lessons)
<b>Day/Time:</b>	<u>Saturdays</u> , 3 - 4:30 p.m.
<b>Session Dates:</b>	Dec. 3 & 10 (2 lessons) Jan. 14 – 28 (3 lessons) Feb. 11 - 25 (3 lessons) March 4 – 25 (4 lessons) May 6 – 27 (4 lessons)
<b>Fees:</b>	\$12 for 2 lessons; \$18 for 3 lessons; \$25 for 4 lessons
<b>Instructor:</b>	Oro Valley staff member Meaghan Bunge, JOAD certified instructor, state champion archer
<b>Location:</b>	Oro Valley Archery Range at Naranja Park 660 Naranja Drive



### BROWN'S BOOT CAMP

Strength, cardio, flexibility and nutrition. Want Some? Get Some! Monthly sessions, regular and low-impact classes available. New sessions generally begin the first Monday of every month. Orientation will be the Saturday prior to the beginning of a new session at 10 a.m. (Exceptions can be made.) Orientation is hosted at Resurrection Lutheran Church, 11575 N. First Ave. Call instructor for time and location of mandatory orientation at 520-339-8878.

<b>Audience:</b>	Ages 15+
<b>Days:</b>	Monday – Saturday
<b>Times:</b>	5:30 a.m. Mon. – Fri. 8 a.m. Mon./Wed./Fri. 6:30 & 7:30 a.m. Sat. 6 p.m. Mon./Wed./Fri.
<b>Fees:</b>	\$12.45/hour
<b>Instructors:</b>	Randy Brown, Helen Thoenes, Vanessa Vazquez, Alfred Beltran, Carie Deatherage, Bonnie Pritchett, Paul Thoenes, Mike Marconi, Justin Brown and Brooke Anderson
<b>Website:</b>	<a href="http://www.brownsbootcamp.com/">http://www.brownsbootcamp.com/</a>
<b>Location:</b>	CDO Riverfront Park, 551 W. Lambert Lane
<b>Info:</b>	Call 520-339-8878 for more information.



### GOLF

For adult Golf opportunities, please see page 26.

## OH, FOR THE LOVE OF MUSIC!

Music is made when people of many talents come together. Regardless of experience or ability, we invite you to join our community group of musicians. Each gathering will be a unique and creative time of collaboration, featuring a different musical genre. Bring your instrument, your voice or your sheet music.

**Audience:** All ages  
**Day/Time:** Mondays, 5 - 7 p.m.  
**Dates:** Jan. 9, Jan. 23, Feb. 6, Feb. 20, Mar. 5, Mar. 29, Apr. 3, Apr. 17  
**Fee:** Free  
**Facilitator:** Warren Lazar  
**Location:** Oro Valley Community Center  
 10555 N. La Cañada Dr.  
**Info:** Call 520-544-1900 for more details.



## ORO VALLEY WALKING CLUB

Get in shape, have fun, meet new people and it's free! This walking group is very active. In addition to walking three times weekly, the group has adopted a wash that runs alongside the park.

**Audience:** Ages 18+  
**Days/Times:** Mon., Wed. & Fri., 8:30 - 9:30 a.m. (Changes with season, call 520-229-5050 to verify time.)  
**Guide:** Margret Parnell, volunteer  
**Location:** CDO Riverfront Park  
 551 W. Lambert Lane

## PERSONAL TRAINING

Reach Your Potential Fitness is a group of experienced professionals committed to tailoring programs for individuals with special needs and concerns, including corrective exercise and sports performance. They also offer medically approved, pre- and post-rehabilitation fitness programs. Eliminate pain and improve flexibility, mobility, stability and strength! Reach Your Potential Fitness is located inside the Oro Valley Community Center.

**Audience:** Ages 14 – 90  
**Days:** Monday – Saturday  
**Fee:** Varies, based on instruction  
**Instructors:** Julian Turner, Mylene Brock, Jim Truitt, Christina Olesen  
**Website:** [www.reachyourpotentialaz.com](http://www.reachyourpotentialaz.com)  
**Location:** Oro Valley Community Center  
 10555 N. La Cañada Dr.  
**Contact:** Julian Turner, 520-907-0514

## SILVERSNEAKERS FLEX STRENGTH & BALANCE

*Brought to you by Healthways SilverSneakers® Fitness Program*

Healthways is the leading provider of specialized, comprehensive health solutions, helping millions of people maintain or improve their health and, as a result, reduce overall health care costs. SilverSneakers encourages Medicare-eligible individuals to participate in physical activity and enjoy the company of others. SilverSneakers is the nation's leading fitness program designed exclusively for active older adults. This program is especially beneficial to individuals with Parkinson's and neuromuscular disorders.

**Audience:** Older adults  
**Days/Times:** Mon., Wed., & Fri., 2:30 – 4 p.m.  
**Session Dates:** 4-week sessions:  
 Dec. 26 – Jan. 20  
 Jan. 23 – Feb. 17  
 Feb. 20 – March 17  
 March 20 – April 14  
 April 17 – May 12  
 May 15 – June 9  
**Fee:** Free to most Medicare-eligible members and any caregiver  
 Non-Medicare fee: 1x weekly \$45; 2x weekly \$85; 3x weekly \$125  
 \*Instructor will determine eligibility.  
**Instructor:** Vera Shury, Parkinson's Trainer for U of A  
**Location:** Rancho Vistoso Urgent Care  
 13101 N. Oracle Rd.  
**Contact:** Vera at [vera@libertyscience.com](mailto:vera@libertyscience.com) (preferred) or 520-275-8755

## ADULT PROGRAMS

### TENNIS

For adult tennis opportunities, please see page 28.



### WEDDING GOWN SLIM DOWN

Getting ready to walk down the aisle? This class will help to tone, slim down, reshape and rev up your mind and body. All fitness levels welcome.

Have more than a few pounds to lose? Enter the “Wedding Gown Slim Down Challenge!” Prizes for the top three weight loss winners include wedding day services from Molify Hair Studio, The Practical Chef, Posh Petals, Ambrosia of Tucson Wedding Cakes and Tan Envy, to name a few.

These 50-minute workouts will have you stretching, strengthening and having fun as you plan for one of the biggest days of your life! There will be fun wedding weight loss challenges every month to keep you motivated and inspired as the wedding planning process unfolds. Start your new life off in the best possible way—feeling confident about you!

Would you like your wedding party involved? Take 10% off per participant!

Mandatory pre-camp meeting is held the Saturday prior to each month's start date.

<b>Audience:</b>	Ages 18+
<b>Days/Time:</b>	Tuesdays and Thursdays, 6 p.m.
<b>Dates:</b>	TBD upon contact – We will work with your schedule!
<b>Fee:</b>	\$125 a month (3 days weekly)
<b>Instructor:</b>	Rachel Allen, ACE Certified Group Fitness Instructor who works as a planner in the wedding industry and with women training for distance running events and in group exercise.
<b>Contact:</b>	Call Rachel Allen with any questions at 520-270-0409, and check us out on Facebook <a href="https://www.facebook.com/weddinggownslimdown">https://www.facebook.com/weddinggownslimdown</a>
<b>Location:</b>	CDO Riverfront Park, 551 W. Lambert Lane



### WINE AND PAINT CLASS

Come and enjoy one of the fastest-growing activities sweeping the country. Let your creative juices flow at the Oro Valley Community Center. Registration fee includes paint, canvas, instruction, and of course, a glass of wine. Unleash your inner Rembrandt. Enjoy wine, instruction and a great time!

<b>Audience:</b>	All ages welcome; must be 21+ for the wine
<b>Dates:</b>	January 21 and April 8
<b>Times:</b>	3 – 5:30 p.m.
<b>Fee:</b>	\$40 (additional wine available for purchase)
<b>Instructor:</b>	Creative Juice
<b>Location:</b>	Oro Valley Community Center 10555 N. La Cañada Dr.
<b>Info/Register:</b>	Call 520-544-1900 or stop by the Oro Valley Community Center fitness desk.





**ADDITIONAL SPORTING OPPORTUNITIES ARE AVAILABLE WITH OUR PARTNERS**

AYSO 922: [www.ayso922.org](http://www.ayso922.org)

CDO Little League: [www.cdobaseball.org](http://www.cdobaseball.org) and [cdobaseball@gmail.com](mailto:cdobaseball@gmail.com)

CDO Soccer: [www.cdosoccer.com](http://www.cdosoccer.com) & [cdosoccer@comcast.net](mailto:cdosoccer@comcast.net)

Oro Valley Dolphin Football & Cheer: [www.ovdolphins.com](http://www.ovdolphins.com)

Oro Valley Fast Pitch Softball: [www.ovfps.org](http://www.ovfps.org)

Oro Valley Lacrosse: [www.orovalleylacrosse.org](http://www.orovalleylacrosse.org)

Oro Valley Little League: [www.coronadoLL.org](http://www.coronadoLL.org)

Pusch Ridge Archers: [www.puschridgearchers.com](http://www.puschridgearchers.com) & [puschridgearchers@gmail.com](mailto:puschridgearchers@gmail.com)

**FIRST SATURDAY ULTIMATE FRISBEE GAMES**

Join our First Saturday Ultimate Frisbee Games at Cañada Del Oro Riverfront Park! Ultimate Frisbee is a fun and challenging game that also happens to be a great cardiovascular workout. Players of all skill levels are welcome. Co-ed teams will be formed onsite before games begin. Everyone is welcome. Hot dogs and snacks will be provided by Truly Nolen. Prize drawings will be held.

- Audience:** Ages 12+
- Day:** First Saturday of every month
- Dates/Times:** Dec. 3 at 5 p.m.  
Jan. 7 at 5 p.m.  
Feb. 4 at 5 p.m.  
March 4 at 5 p.m.  
April 1 at 6 p.m.  
May 6 at 6 p.m.
- Fee:** Free
- Location:** CDO Riverfront Park Upper Field  
551 W. Lambert Lane
- Fee:** Contact Nick Scala at 520-229-5054 for more information.





### LADIES ONLY: WINE, 9 & WEDGES

Join us on the first or third Thursday of each month (Jan. – April), for a 30-minute golf clinic with our PGA professionals and nine holes of golf with the ladies. Registration includes a voucher for one complimentary glass of wine and Chef’s choice of appetizers to share. Space is limited to 12.

- Audience:** Women, ages 21+
- Day:** First and third Thursday of each month (January – April)
- Time:** 2:30 p.m. – Registration and 30-minute golf clinic  
3 p.m. – 9-hole round of golf with cart  
5 p.m. – Wine & appetizers
- Fees:** Members: \$50 per person  
Guests: \$75 per person
- Location:** Oro Valley Community Center  
10555 N. La Cañada Drive
- Registration:** Call the Golf Shop at 520-544-1801.



### SPRING JUNIOR GOLF SERIES (AGES 6 - 15)

The Town of Oro Valley, in partnership with Troon, is introducing juniors to the world’s greatest game! Our Spring Junior Golf Series offers young golfers the opportunity to learn golf fundamentals, etiquette and develop a competitive edge on the golf course. It’s simple and affordable! Juniors receive on-course instruction, learning a full swing, chipping, putting and the basic rules of golf. Participants will enjoy complimentary clubs to use during each Spring Junior session as well as a complimentary beverage following their instruction. Sessions are limited to 12 juniors.

- Days/Times:** Ages 6 - 10, Saturdays, 1 - 2 p.m.  
Ages 11 - 15, Saturdays, 3 - 4 p.m.
- Dates:** Jan. - March
- Fees:** \$45 per month (four sessions for the price of three)  
\$15 per individual session
- Location:** Oro Valley Community Center  
10555 N. La Cañada Drive
- Registration:** Call the Golf Shop at 520-544-1801.

### FREE GOLF CLINICS

For those new to the game, join our PGA professionals for a FREE golf clinic open to the public. You will be swinging, smiling, discovering a new activity and connecting with new friends. Limited to the first 15 players registered. What are you waiting for? Sign up today!

- Audience:** Beginning golfers, ages 17+
- Day/Time:** Wednesday, 3 - 4 p.m.
- Dates:** Jan. 4 - Putting  
Feb. 1 - Chipping  
March 1 - Pitching  
April 12 - Bunker Play
- Fee:** Free
- Location:** Oro Valley Community Center  
10555 N. La Cañada Dr.
- Registration:** Call the Golf Shop at 520-544-1801.



# EL CONQUISTADOR GOLF PRIVATE LESSON GUIDE

## VIDEO LESSONS

Are you traveling? Need a swing fix? Send us a video of your golf swing and email it to one of our staff instructors. Call or email for requirements and get started submitting your swing for analysis!

**Cost:** \$25 per video OR purchase 10 assessments for \$200!



## ON-COURSE PLAYING LESSON

Our PGA professional staff will join your group on the course to provide instruction, course management and fun! Perfect for golfers of all skill levels. Four-person maximum per group.

### PGA Head Golf Professional

Standard Rate: \$200 per player

Member Rate: \$150 per hour

### PGA Assistant Golf Professional

Standard Rate: \$150 per player

Member Rate: \$100 per player

## 45-MINUTE ADULT PRIVATE LESSON

### PGA Head Golf Professional

Standard Rate: \$85 per player

Member Rate: \$70 per player

### PGA Assistant Golf Professional

Standard Rate: \$70 per player

Member Rate: \$55 per player

## 30-MINUTE JUNIOR PRIVATE LESSON

The Troon Family Golf Program allows a junior to join any lesson with a paying adult for no charge! Contact the Golf Shop at 520-544-1801 or Erick Womack, PGA head golf professional, at [ewomack@troon.com](mailto:ewomack@troon.com) for more information.

### PGA Head Golf Professional

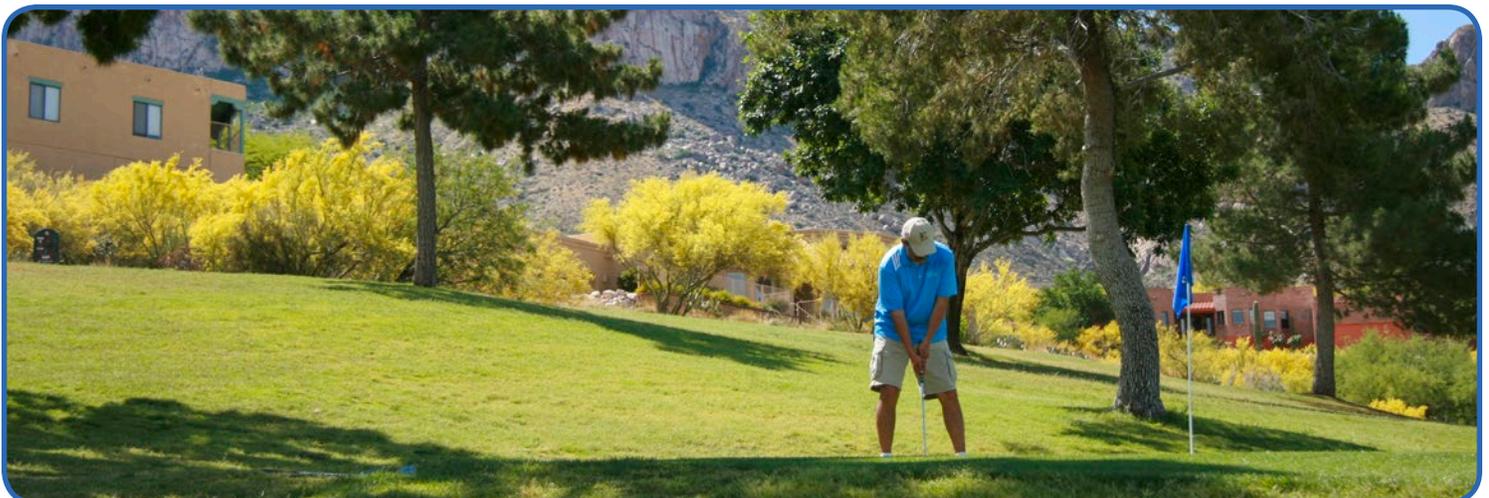
\$35 per junior

### PGA Assistant Golf Professional

\$25 per junior

## OTHER GOLF INSTRUCTIONAL PROGRAMS

The golf instruction staff at El Conquistador Golf also offers a variety of custom, group and corporate programs including golf exhibitions, video analysis, playing lessons and private full- or half-day programs. Contact the Golf Shop at 520-544-1801 for more information about these exciting programs.



# TENNIS

## Oro Valley Community Center Tennis Facility

10555 N. La Cañada, Oro Valley, AZ 85737 | 520-544-1900

Jennifer Fuchs, Director of Tennis 520-544-1781

## Pusch Ridge Tennis Facility

10000 N. Oracle Road, Oro Valley, AZ 85704 | 520-544-1780

## EL CONQUISTADOR TENNIS INSTRUCTIONAL PROGRAMS

**Registration:** To sign up for tennis programs, or for information, please call 520-544-1780.

### JUNIOR TENNIS PROGRAM

Jan. 3 – May 21, 2017

(No program Feb. 23–26 and March 13 – 19)



	PREMIUM	CLASSIC	NON-MEMBER	DAILY/RESORT
ACADEMY	\$22	\$23	\$24	\$40
CHALLENGERS	\$14	\$15	\$16	\$25
INTRODUCTORY	\$14	\$15	\$16	\$25
FUTURE STARS	\$13	\$14	\$15	\$20

**Payment Information:** All classes are billed on a monthly basis and are due, in full, at the beginning of the month. **Advance registration is required.** The fee chart reflects per-class costs. Member accounts will be charged unless other arrangements are made. Non-members should pay on the first day of class each month. Fees may be pro-rated if determined in advance. If you know there are days your child will miss, please let us know at the beginning of each month and you will not be billed for those classes. All pro-rated fees must be accompanied with dates of classes your child will attend.

#### Academy (based on level regardless of age)

Players can train five days a week, and this program covers all facets of the game. Serious junior players will work on technique, strategy and footwork. Realistic drill situations, high-intensity play and plyometric training make this program unique and successful. Players attending three days or more per week are entitled to a free Friday practice.

**Days/Times:** Monday - Thursday, 4:30 - 6:30 p.m.

**Location:** Pusch Ridge Tennis Facility

**Days/Times:** Saturdays, 12 – 2 p.m.

**Location:** Community Center Tennis Facility

#### Future Stars (Ages 3-5)

Players are introduced to tennis through an innovative program of tennis games, developing excellent motor skills and motivation for future training. Players train once a week for 45 minutes.

**Days/Times:** Saturdays, 9 - 9:45 a.m.

**Location:** Community Center Tennis Facility

#### Challengers (Ages 8-18)

Players can train three times a week. All players will be eligible for our El Conquistador Junior Tennis Team. Matches will be played against other clubs.

**Days/Times:** Tuesdays & Thursdays, 4:30 - 5:30 p.m.

Saturdays, 10 – 11 a.m.

**Location:** Community Center Tennis Facility

#### **I Can Too! Saturday Special (FREE - Special needs, ages 6+)**

People with special needs can learn and play tennis. All players are welcome and encouraged to join. There is no charge for this program.

**Days/Times:** Saturdays, 11 - 11:45 a.m.

**Location:** Community Center Tennis Facility

#### Introductory (Ages 6-12)

Players can train three times a week. The introductory program develops sound stroke mechanics for the serve, forehand, backhand and volley. Rallying concepts and scoring are introduced.

**Days/Times:** Tuesdays & Thursdays, 5:30 - 6:30 p.m.

Saturdays, 9 - 10 a.m.

**Location:** Community Center Tennis Facility

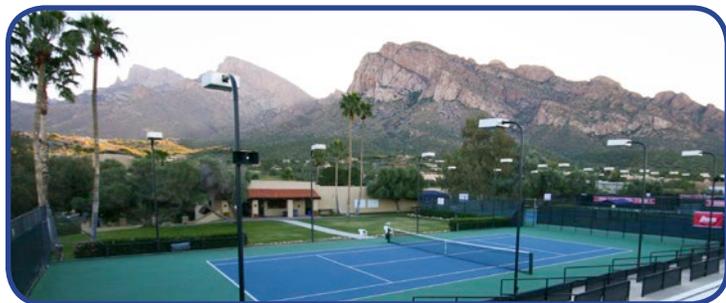
### PRIVATE LESSONS FOR NEW PLAYERS TO EL CONQUISTADOR TENNIS

Now through April, we are offering a lesson special to all Oro Valley residents new to El Conquistador Tennis. Take this opportunity to work with a pro from our amazing staff and maximize your improvement!

A package of four, private, one-hour lessons for \$170.

(That is \$42.50 per lesson!)

(Maximum one package per person; must be completed by May 21, 2017.)



## ADULT TENNIS PROGRAM

**January 9 – May 21, 2017**

(No Adult Instructional Clinics February 23 – 26 and March 13 - 19)

- **Women's 2.5-3.0 Clinic**  
Tuesdays at 9 a.m.  
Community Center Tennis Facility
- **Women's 3.5 Clinic**  
Wednesdays at 9 a.m.  
Community Center Tennis Facility
- **Women's 4.0 & Up Clinic**  
Thursdays at 9 a.m.  
Community Center Tennis Facility
- **Men's Clinic**  
Thursdays at 6:30 p.m.  
Community Center Tennis Facility

Duration of clinic depends on number of participants: ½ hr for 1-2 players, 1 hr for 3-5 players and 1 ½ hrs for 6 or more players.

## PRIVATE AND SEMI-PRIVATE LESSONS

A perfect tool to improve all facets of your game.

### **3 & Me, Your 4, or Team**

These group lessons are geared to your specific requests, including strategy, stroke technique, footwork, point play and/or drills. Available at either Pusch Ridge or Community Center facilities.

		PREMIUM	CLASSIC	NON-MEMBER
CLINIC		\$15	\$17	\$19
PRIVATE	1 HR	\$54	\$64	\$75
	1/2 HR	\$30	\$36	\$42
SEMI-PRIVATE		\$30	\$36	\$42
THREE & ME		\$22	\$26	\$30
YOUR 4		\$18	\$21	\$24
TEAM	1 HR	\$75	\$90	\$110
	1 1/2 HR	\$110	\$120	\$140

## 2017 EL CONQUISTADOR TENNIS WINTER & SPRING ADULT LEAGUES

The El Conquistador Tennis Leagues will be held at the Oro Valley Community Center Tennis Facility. The league will last 8-10 weeks and is a great way to practice and meet new people. Please see schedule below.

### Winter League Dates

**Sign-up:** Mon., Nov. 28 - Mon., Jan. 9

**League begins:** Week of January 23

### Spring League Dates

**Sign-up:** Monday, Feb. 27 - Monday, April 3

**League begins:** Week of April 17

**Fees:** \$20 Premium & Classic Member  
\$40 Non-member

**Contact:** Please contact El Conquistador Tennis at 520-544-1780 with any questions.

### **Create your own**

Come to us with your group, and match day/time and we will take care of everything else.

#### **Mondays @ 6:30 p.m. Singles**

Ladies 3.0 & below

Ladies 3.5 & up

Men's 3.0 & below

Men's 3.5 & up

#### **Tuesdays @ 6:30 p.m. Doubles**

Ladies 3.0 & below

Ladies 3.5 & up

Men's 3.0 & below

Men's 3.5 & up

#### **Thursdays @ 9 a.m. Doubles**

Ladies 3.0 & below

Ladies 3.5 & up

#### **Sundays @ 9 a.m. Mixed Doubles**

6.0 combined

7.0 combined

7.5+ combined



### DOG OBEDIENCE WITH SUBLIME K-9 DROP-IN OBEDIENCE CLASS

This is a unique class developed to build a solid foundation in obedience while strengthening the bond between you and your dog. Whether you want to learn the basics or advance to a competitive level of dog training, this is the class for you!

This is an ongoing class. Your dog will be exposed to new dogs and people on a weekly basis. We will teach the basics—sit, down, stay, come, heel, etc.—and we'll advance you and your dog where needed. We will also give you the opportunity to learn about “dog sports” and guide you in the right direction if you become interested in taking your training a step further.

- Audience:** All ages of dog owners welcome
- Days/times:** Thurs. and/or Sat., 9 – 10 a.m.
- Dates:** Class is ongoing. You may start at any time.
- Group Fee:** \$160 for 8 lessons or \$25 per lesson
- Instructor:** JJ Belcher of Sublime Canine  
520-975-0878 or [www.sublimek9.com](http://www.sublimek9.com)
- Location:** CDO Riverfront Park, 551 W. Lambert Lane



### JJ'S FLYBALL DOG TRAINING

Flyball is the world's fastest-growing dog sport and is fun for the whole family! Flyball is a relay race for dogs, with teams of four racing another team and the clock. It is fast-paced and exciting. Positive reinforcement and clicker training are encouraged.

- Audience:** All ages of dog owners welcome
- Day/time:** Sundays at 9 a.m.
- Date:** Class is ongoing. You may start at any time.
- Fee:** \$25 per class or \$160 for 8 classes (drop-ins allowed)
- Instructor:** JJ Belcher of Sublime Canine  
520-975-0878 or [www.sublimek9.com](http://www.sublimek9.com)
- Location:** James D. Kriegh Park, 23 W. Calle Concordia

### RUFF HOUSE DOG TRAINING & BEHAVIOR MODIFICATION



If you want a well-behaved dog that is a joy to be around, then this class is for you! The class is designed to strengthen your relationship with your dog and teach them good manners. We will work on behaviors such as: Sit, Down, Stay, Come, Place, Leave it and loose-leash walking. We use the distraction of other dogs while adding duration and distance to your commands to further ingrain the learned behaviors into your dog's conduct. Additionally, we will provide you the information you need to prepare your dogs for pet therapy work, dog sports or other advanced dog training.

- Audience:** All ages of dog owners welcome / Dogs 6 months & older
- Day/Time:** Saturdays, 4 – 5 p.m.
- Dates:** Class is ongoing. You may start at any time.
- Fee:** \$125 for 6 group lessons  
\$25 for 1 group lesson
- Instructor:** Crystal Blaker of Ruff House Dog Training,  
520-820-7252 or [www.ruffhouse.biz](http://www.ruffhouse.biz)
- Location:** Naranja Park, 660 W. Naranja Drive



## ORO VALLEY HISTORY & CULTURE EDUCATIONAL FIELD TRIPS FOR STUDENTS/EDUCATORS

Attention teachers, administrators, home school education providers and group activity organizers! We have the perfect historic educational field trip opportunity for you! Each session meets curriculum requirements for government standards. Field trips are held at historic Steam Pump Ranch, 10901 N. Oracle Road. Call Lynanne Dellerman at 520-229-5052 to arrange your field trip on any of the following focus areas:

- **Prehistoric hands-on archaeology activities**
  - Experience a replica Hohokam pithouse.
  - Eat the same type of foods as the prehistoric people.
  - Learn about the tools they used and how they were made.
  - Learn how they hunted and try similar techniques.
  - Learn how they grew food and how they obtained the necessary water.
- **Pusch Family history from the 1870s – 1920s**
  - Learn about how this pioneer family settling in the Tucson area over 100 years ago ran a business and a cattle ranch.
  - Learn about early government through George's term in the Arizona House of Representatives at the time Arizona became a state. (George was a member of the Tucson City Council.)
  - Discover how the family were friends to the native peoples in the area.
  - Learn about how the family ran the Steam Pump that watered cavalry, Pony Express, stagecoaches and cattle.
- **Procter – Leiber history from the 1930s – 1990s**
  - Learn about this important family to the ranch's history.
  - As manager of the Pioneer hotel, Jack Procter grew herbs and vegetables as well as raised chickens on the Ranch for those visiting the hotel in downtown Tucson. He also held big gatherings that brought important people to the Ranch.
  - Learn about early baseball in Tucson and the nation through Hank Lieber.

## VOLUNTEER OPPORTUNITIES



### **Volunteer Opportunities Now Available**

Are you interested in becoming a volunteer for Oro Valley Parks and Recreation? We have many areas that may be of interest:

- Lead a program or class at the Oro Valley Community Center.
- Volunteer at golf and/or tennis tournaments.
- Create or join a team to provide fun activities for retirees in our community.
- Assist with horse programs involving children or special needs individuals.
- Help out at the archery range.
- Help keep our natural parks looking fantastic.
  - West Lambert Lane Park
  - Honey Bee Canyon Park
  - Trails in Naranja Park
- Help with trails maintenance on one of the Town's pedestrian paths and trails.

If you are interested in any of the above opportunities, please call Oro Valley Parks and Recreation at 520-229-5050.



## ORO VALLEY PUBLIC LIBRARY

The Oro Valley Public Library offers a variety of programs, including story time, baby time, book clubs, craft clubs, bridge, mahjong, master gardeners, computer tutoring, teen programs, family programs, senior programs and much more.

Managed by the Pima County Library District  
1305 W. Naranja Drive  
Oro Valley, AZ 85737

Phone: 520-594-5580

Visit our web site for additional programs and events:

[www.library.pima.gov/locations/orovalley/](http://www.library.pima.gov/locations/orovalley/)

### **HOURS OF OPERATION**

Monday – Thursday	9 a.m. – 7 p.m.
Fridays	10 a.m. – 5 p.m.
Saturdays	9 a.m. – 5 p.m.
Sundays	1 p.m. – 5 p.m.



### THIRD ANNUAL COCOA 5K RUN/WALK

**Sunday, January 1, 2017**

11:17 a.m.

Steam Pump Ranch, 10901 N. Oracle Rd.

Cost is \$20 before race day; \$25 on race day

Register at: <http://www.active.com/oro-valley-az/running/distance-running-races/hot-cocoa-5k-run-2017>

Mail-in registration is available this year. See the Parks & Recreation web page for forms, or call 520-229-5050 to have one sent to you.

Join the Town of Oro Valley as we kick off 2017 with the third annual Cocoa 5k Run/Walk on Sunday, January 1! The race will take place along the multi-use path, beginning at Steam Pump Ranch, and will include snacks, water, and of course, hot cocoa. This is a professionally-timed race, and prizes will be awarded to the overall male and female winners in five-year age group categories. It's a fun way to start your New Year's resolutions with the entire family.

T-shirts will be available for sale. Children 12 and under race for free with paying adult. Proceeds will benefit Oro Valley's Round Up for Youth Recreation Scholarship Program.



### 2ND ANNUAL BEYOND ULTIMATE FRISBEE TOURNAMENT

**Saturday, January 14, 2017**

Noon – 5 p.m.

CDO Riverfront Park Upper Field, 551 W. Lambert Lane

Limited to ages 14+

There is a suggested \$5 donation per person to benefit the Beyond Foundation. Teams must register by Wednesday, January 11. In addition, a raffle with prizes will be held.

**Questions?** Contact Nick Scala at 520-229-5054.

### WINE EDUCATION COURSE & TASTING

Provided by experts in the local wine industry.

**Saturday, January 14, 2017**

Wine Education (FREE)

**Time:** 12 – 1 p.m.

**Location:** Steam Pump Ranch  
10901 N. Oracle Rd.

Wine Tasting

**Time:** 1:30 – 3:30 p.m.

**Location:** TBD

# Off the Vine

## OFF THE VINE

### Arizona Wine Growers Association Annual Wine Tasting and Festival

**Saturday, February 18, 11 a.m. – 6 p.m.**

Steam Pump Ranch, 10901 N. Oracle Rd.

\$15 in advance; \$20 at the door

Ages 21 and over. Proper ID will be required.

For more information and to purchase tickets visit:

<http://www.arizonawine.org/>

Join the Arizona wine industry at Oro Valley's Historic Steam Pump Ranch for the 3rd Annual Off the Vine Arizona Wine Festival. Enjoy some of Arizona's best wines and interact with the winemakers whose creations will amaze you. The event will feature exclusive tastings from Arizona wineries and live, local music.



## BIKE \* SWAP \* SELL

**Saturday, March 25, 2017**

8 a.m. – noon

Steam Pump Ranch, 10901 N. Oracle Rd.

For more information or to reserve your vendor spot, please call Lynanne Dellerman at 520-229-5052.

This free community event will feature a bike swap meet, bike rodeo for kids (bring your bicycles), activities, a bike valet, food trucks and live music.



## ARIZONA DISTANCE CLASSIC AND KIDS' FUN RUN

**Sunday, March 26, 2017**

KID ZONE fun begins at 9 a.m.

Race begins at 10 a.m.

**Distances:** Ages 9 & under: 1/4 mile  
Ages 10-11: 1/2 mile  
Ages 12-14: 1 mile

**Fee:** \$5 per participant in advance  
\$10 on race day

T-shirt included for the first 100 participants

**Location:** Ventana Medical Systems  
1910 E. Innovation Park Dr.

**Register:** Online at [www.orovalleyaz.gov](http://www.orovalleyaz.gov) or stop by Oro Valley Parks & Recreation

The Town of Oro Valley Parks and Recreation Department will be hosting the 2017 Arizona Distance Classic Kids Fun Run. Join us before the race at 9 a.m. in the KID ZONE for a jumping castle and carnival-style games. The Kids' Fun Run begins at 10 a.m.

## ARCHERY DEMO DAY

**Saturday, April 1, 2017**

9 a.m. - noon

Naranja Park Archery Range, 660 W. Naranja Dr.

This FREE event includes:

- Basic archery instruction
- Food trucks
- Walk around archery course
- Vendor booths
- Fun for the whole family
- 3D Archery shoot with Pusch Ridge Archers

## MY HEART CAN'T EVEN BELIEVE IT: A STORY OF SCIENCE, LOVE, AND DOWN SYNDROME

**Book Discussion and Signing Event with Author Amy Silverman in cooperation with Disabilities Drumming provided by Gale E. Quackenbush**

**Saturday, April 1, 2017**

10 a.m. - noon

Oro Valley Community Center Sunset Room  
10555 N. La Cañada Dr.

RSVP strongly suggested; please call the Community Center at 520-544-1900.

FREE event.

Come listen to Amy Silverman tell a very personal story of parenting a child with Down Syndrome. She will talk about the book and her journey of love. She will sign books purchased at the event.

We will then have the pleasure of enjoying a special musical treat as Amy's daughter Sophie plays the drums with the assistance of Gale E. Quackenbush.

"Amy Silverman tells a story of struggle and triumph, but more than anything else, it's a story of love. Every parent will be grateful for the chance to join her on her journey and to learn from Amy and her family's courage and commitment to the possibilities of every life, and to being a game-changer for a more welcoming and inclusive future for all." — Timothy P. Shriver Ph.D., Chairman, Special Olympics

## ARBOR DAY CELEBRATION AT STEAM PUMP RANCH

**Saturday, April 8, 2017**

8 – 10 a.m.

Steam Pump Ranch, 10901 N. Oracle Rd.

Arbor Day is an annual holiday on which individuals and groups are encouraged to plant and care for trees. This year, Oro Valley will celebrate with a FREE event, including:

- Demonstrations on the planting and care of trees, shrubs and cactus
- Discussion of the future master planting plan for Steam Pump Ranch
- Recommendations for native plant and tree selections for Oro Valley
- Information on planting for wildlife



## EASTER EGGSTRAVAGANZA

**Saturday, April 15, 2017**

9 a.m. - noon

Pusch X9 Golf Course, 10000 N. Oracle Rd.

This FREE event is great fun for the whole family! This year's event will be BIGGER, BETTER and BUNNIER! More animals from the petting zoo. More Easter eggs to find. And even more fun. The weather is perfect, the site is beautiful, so come out and have a great day with us at the Pusch X9! Call 520-544-1900 for more details.

## EASTER SUNSET ARCHERY SHOOT

**Saturday, April 15, 2017**

4 – 6 p.m.

Naranja Park Archery Range, 660 W. Naranja Dr.

Come participate in an Oro Valley Fun Shoot featuring Easter Egg targets and other Easter-themed items for practicing your archery skills. \$5 suggested donation to benefit the Oro Valley Junior Olympic Archery Development Club. No Registration is required, but RSVP is strongly suggested. Please email Joel Woppert or Meaghan Bunge at [Jwoppert@orovalleyaz.gov](mailto:Jwoppert@orovalleyaz.gov) or [Mbunge@orovalleyaz.gov](mailto:Mbunge@orovalleyaz.gov) to reserve your spot.

# SECOND SATURDAYS

## **AT STEAM PUMP RANCH + CONCERT SERIES**

From December through April, the Second Saturdays at Steam Pump Ranch events include a concert series and the new Pusch House Art & Photo Show!

Second Saturday of every month, December 10, 2016 – April 8, 2017

10901 N. Oracle Rd.



### **9 a.m. - 1 p.m.**

Ranch tours, Pusch House Photo & Art Shows, Heirloom Farmers Market, Commerce Corral and the Historic, Western and Americana Artisan and Antique Fair.

### **9 - 10:30 a.m.**

Guest speakers

### **10:30 a.m. - 1 p.m.**

Heritage Garden demonstrations and a craft for children.

### **10:30 a.m. - noon**

Live music (Country, Folk or Americana) as part of the Steam Pump Ranch Concert Series. See schedule below.

## **PUSCH HOUSE PHOTO & ART SHOWS AT STEAM PUMP RANCH**

Each month in the Pusch House, we will display photos and other art mediums featuring Steam Pump Ranch that have been created by members of the community. To have your work or photos reviewed for potential selection and display, please call 520-229-5052 for an appointment.

## **STEAM PUMP RANCH CONCERT SERIES**

### **Every Second Saturday at 10:30 a.m.**

Held in partnership with the Southern Arizona Arts and Cultural Alliance.

**Dec. 10**  
High Desert

**Jan. 14**  
Carol Markstrom

**Feb. 11**  
River Road Ramblers

**March 11**  
Ocotillo Rain & Thunder

**April 8**  
Arizona Banjo Blasters



Special note: Ride your bike or walk to the Heirloom Farmers Market via the multi-use path on a Second Saturday at Steam Pump Ranch and receive a \$1 coupon to use at Steam Pump Ranch Artisan and Commerce Corral vendors (offer limited to the first 20). Pick up your coupon at the Parks and Recreation booth.

# FREE CONCERTS FOR ALL AGES

PROVIDED IN PARTNERSHIP WITH THE SOUTHERN ARIZONA ARTS AND CULTURAL ALLIANCE



## COMMUNITY CENTER CONCERT SERIES

Oro Valley Community Center, 10555 N. La Cañada Dr.

Third Thursday of every month, 6:30 - 8 p.m.

Prior to the concert, enjoy a delicious dinner prepared at the Overlook Restaurant.

### MARCH 16, 2017 | CELTIC MINSTRELS *Celtic / Irish*

Celtic Minstrels is a Celtic band with flute, tin whistle, fiddle, bodhran (Irish drum), and two vocalists. The band plays Celtic reels, jigs, hornpipes, waltzes and airs from both Ireland and Scotland, plus both ballads and upbeat vocals. The three members are: William Don Carlos (fiddle, Scottish small pipes, highland bagpipes, and vocals), Don Gest (wooden flute, tin whistle and bodhran), Jim McConnell (guitar and vocals). Each band member has over 20 years' experience playing Celtic traditional music.

### APRIL 20, 2017 | CARNIVALEROS *Zydeco*

The Carnivaleros' music has always been difficult to define. Combining moody Eastern European motifs, western movie themes, and stories of our shared American experience with strains of Zydeco rhythms, Tex-Mex polkas, waltzes and swing, the band has created a stew of what they like to call Desert Bayou Music.

### MAY 18, 2017 | COOL BREEZE *Steel Drums*

Homero Cerón, principal percussionist of the Tucson Symphony Orchestra, is a multi-talented musician who has been involved with music since age six. Born in Monterrey, Mexico, he has played professionally since the age of 12. Educated at Wisconsin Conservatory of Music and receiving his master's at the University of Arizona, he had been a performing artist with Young Audiences of Southern Arizona and for the Wolf Trap Institute's Early Childhood Education Program.



First Saturday of every month

10 a.m.

FREE  
ADMISSION

Oro Valley Council Chambers, 11000 N. La Cañada Dr.

### JAN. 7, 2017 | A ROLLICKING RHYTHMIC ROMP

*Music & Dance Academy*

Join Music and Dance Academy faculty members as they dance and drum their way into a rollicking good time! Tap, jazz and modern musical styles will be featured in an interactive and fun program. Audience members will enjoy moving with the beat as well as experiencing playing along with body percussion and instruments. Don't miss this opportunity to play, learn and move!

### FEB. 4, 2017 | INSTRUMENT PETTING ZOO

**at Children's Museum Oro Valley, 11015 N. Oracle Road #101**

*Civic Orchestra of Tucson*

Interact with musical instruments and then play at the Children's Museum! \*(Admission: FREE during the event, 10-11 a.m. \$6 after the event. Kids under 12 months get in for free.)

### MARCH 4, 2017 | "HAPPINESS, KINDNESS AND ALL SORTS OF GOOD THINGS!"

*Music & Dance Academy*

Learn wonderful life lessons about appreciation and kindness through a charming story entitled "I Am Happy Every Time," by Elesha Khan. Proceeds benefit Syrian children. The Music and Dance Academy presents our lively violin faculty members, Tamara Khachtryan and Fadi Iskandar. Come along on a beautiful journey to happiness!

### APRIL 1, 2017 | "PIP AND THE PIRATE"

*Tucson Symphony Orchestra Flute Viola Harp Trio*

It was graduation day at the Pirate Academy. "Ye be a true Pirate today, matey! Here be yer certificate. Here be yer parrot." "That's not a parrot" said the new graduate. "She be too small. I wants a big squawker, not a pip squeaker." "Nay! That be the last one we got. Take'er or leave'er." "Please take me," said the tiny bird. I'll make you proud of me." Join us for this new musical adventure by TSO violinist and composer Michael Fan.

REAL

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**SPECIAL EVENTS**

January - April • 2nd Saturdays at Steam Pump  
See Website For Full Schedule • [heirloomfm.org](http://heirloomfm.org)

**HEIRLOOM**  
FARMERS MARKETS

**SATURDAYS** Oro Valley Steam Pump Ranch 10901 N. Oracle Rd.  
9AM - 1PM (OCT. - MAR.) & 8AM - 12PM (APR. - SEPT.)

f t i 520.882.2157 • HEIRLOOMFM.ORG



# SAVE THE DATE!

## the OVERLOOK

10555 N. La Cañada Drive

Visit us online or call 520-229-5355 for details and pricing on these special dining events. Reservations required.



**Valentine's Day Dinner**  
Tuesday, February 14, 2017  
5 - 9 p.m.



**Champagne Easter Brunch**  
Sunday, April 16, 2017  
10 a.m. - 2 p.m.



**Mother's Day Brunch**  
Sunday, May 14, 2017  
10 a.m. - 2 p.m.

## THE OVERLOOK RESTAURANT



**Open to the public**  
**10555 N. La Cañada Drive**  
**Oro Valley, AZ 85737**

### **Reservations**

Please contact Amelia Griesmer or Noelle Gleason at 520-229-5355.

### **Hours of Operation**

Lunch Service:

Daily, 10 a.m.- 3 p.m.

Dinner Service:

Thurs. - Fri., 5 – 8 p.m.

Happy Hour:

Daily, 3- 6 p.m.

Sunday Breakfast Buffet:

8 a.m. - noon



The Overlook has whisked up a blend of connection and discovery, featuring New American Cuisine with an international twist. Enjoy comfortable staples like pasta, salads, specialty sandwiches and seafood to leave the palate and taste buds happy.



### **PASTA-TIVELY DELICIOUS!**

It's Pasta Night every Thursday, 5 – 8 p.m. Join Chef de Cuisine Tory Fitch and his culinary team as they step out of the kitchen to create your personalized pasta dish in front of you.

\$13.50 per person\* (drinks priced separately)

\$6 for children under 8 years



### **SUNDAY BREAKFAST BUFFET**

Every Sunday, 8 a.m. – noon.

Enjoy fresh fruit, Danish pastries, breakfast potatoes, sizzling bacon, a weekly Chef's special and a create-your-own omelet station.

\$12.75 per person\* (drinks priced separately)

\$6 for children under 8 years



### **FRIDAY NIGHT FISH FRY, WALLEYE & CHEF'S SPECIALS**

Every Friday, 5- 8 p.m. Walleye will become part of your DNA. For everyone else, our recognizable favorites like Fish & Chips along with unexpected and delightful chef specials with big flavors will make your taste buds dance.



### **COMMUNITY APPRECIATION DAY**

We're Celebrating YOU!

Every Saturday, 10 a.m. – 3 p.m., firefighters, police officers, EMTs and teachers receive 15% off the Overlook lunch menu, with valid employment ID or badge.

\*Tax and gratuity not included; Member discount does not apply



**Saturday, March 11, 2017**

## ONE DAY. TWO RANGES. HIKE CHALLENGE.

Hit the trails and experience the challenge and beauty of Southern Arizona's Tortolita and Catalina Mountains in one day! Trail run, hike, or stroll through this fun event.

# SELECT YOUR HIKE CHALLENGE

**MIGHTY** / 6 miles

**MAJOR** / 10 miles

**MEGA** / 15 miles

**MASSIVE** / 21.5 miles

**NEW HIKING ROUTES**

**LAUNCHING THIS YEAR!!**

\*hike distances are approximate

**MANAGE THE MOVE AFTER PARTY** / Come enjoy live music, food trucks, raffle prizes, and much more at Catalina State Park after the hike.

**LOCATION:**

Tortolita Mountain Trails / Marana, AZ  
Catalina State Park / Oro Valley, Arizona

PRESENTED BY:



## REGISTER EARLY & SAVE

**EARLY REGISTRATION:** \$25 (Jan 2 - Feb 1, 2017)

**LATE REGISTRATION:** \$35 (Feb 2, 2017 – Event Day)

*Receive a Free Event T-shirt if registered before Feb. 15, 2017.*

**Online Registration:** [www.move2ranges.com](http://www.move2ranges.com)

**Registration Assistance:** (520) 229-5050

## MORE INFO:

Visit [Move2ranges.com](http://Move2ranges.com) | Call (520) 229-5050