

Where can I go in the Oro Valley Community & Recreation Center?

| *SUPERVISION* WITHIN ARMS REACH OF RESPONSIBLE GUARDIAN AGE 16 OR OLDER | 8 & Under | 9 - 12 years old | 13-15 Years Old |
|---|-------------------------|-------------------------|--|
| Cardio Equipment | NOT ALLOWED | WITH SUPERVISION | ALLOWED |
| Circuit Machines | NOT ALLOWED | NOT ALLOWED | ALLOWED ORIENTATION REQUIRED |
| Participate in Group Fitness Class | NOT ALLOWED | NOT ALLOWED | ALLOWED |
| Free Weights | NOT ALLOWED | NOT ALLOWED | ALLOWED ORIENTATION REQUIRED |
| Utilize Rec Lounge | WITH SUPERVISION | ALLOWED | ALLOWED |

Facility Access and Definitions

- The facility does have basic age requirements. Please look through the information carefully:
- Youth ages 13 and over may enter the facility on their own and use the Rec Lounge, cardio equipment, and join group fitness classes. After completing an orientation, they are also permitted to use free weights and circuit machines.
- Youth ages 9–12 may use the Rec Lounge and cardio equipment but must be supervised by an adult or responsible guardian aged 16 or older.
- Children 8 and under can access the Rec Lounge but must be supervised at all times by an adult or responsible guardian aged 16 or older.