

PARENTAL CONSENT FORM



I _____ authorize my daughter
_____, to attend upcoming physical
defense course offered by an Instructor certified to teach the Oro
Valley Police Department Self Defense Program at _____.

My signature below hereby acknowledges to the Town Of Oro Valley Staff and
Instructor(s);

That my daughter will not participate in any aspect of the program she is
uncomfortable with or considers unsafe.

That my daughter and I are aware of the physical nature and possible risks of
injury incident to taking this practical course in self-defense. That she is physically fit to
participate in this course, involving various physical techniques; and that she realizes
that self-defense techniques cannot be successfully employed in every situation, and
proficiency can only be achieved and is dependent upon a thorough continued practice,
exercising good judgement, and a person's natural abilities.

The signatures below hereby release the Town of Oro Valley to hold them
harmless, from any liability for injury that may be incurred as a result of participation in
this course, or using the strategies within for defense.

**I HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND
THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND I SIGN IT
VOLUNTARILY.**

Signature of Legal Guardian _____

Signature of Student _____

Telephone Number for Confirmation _____

Date _____