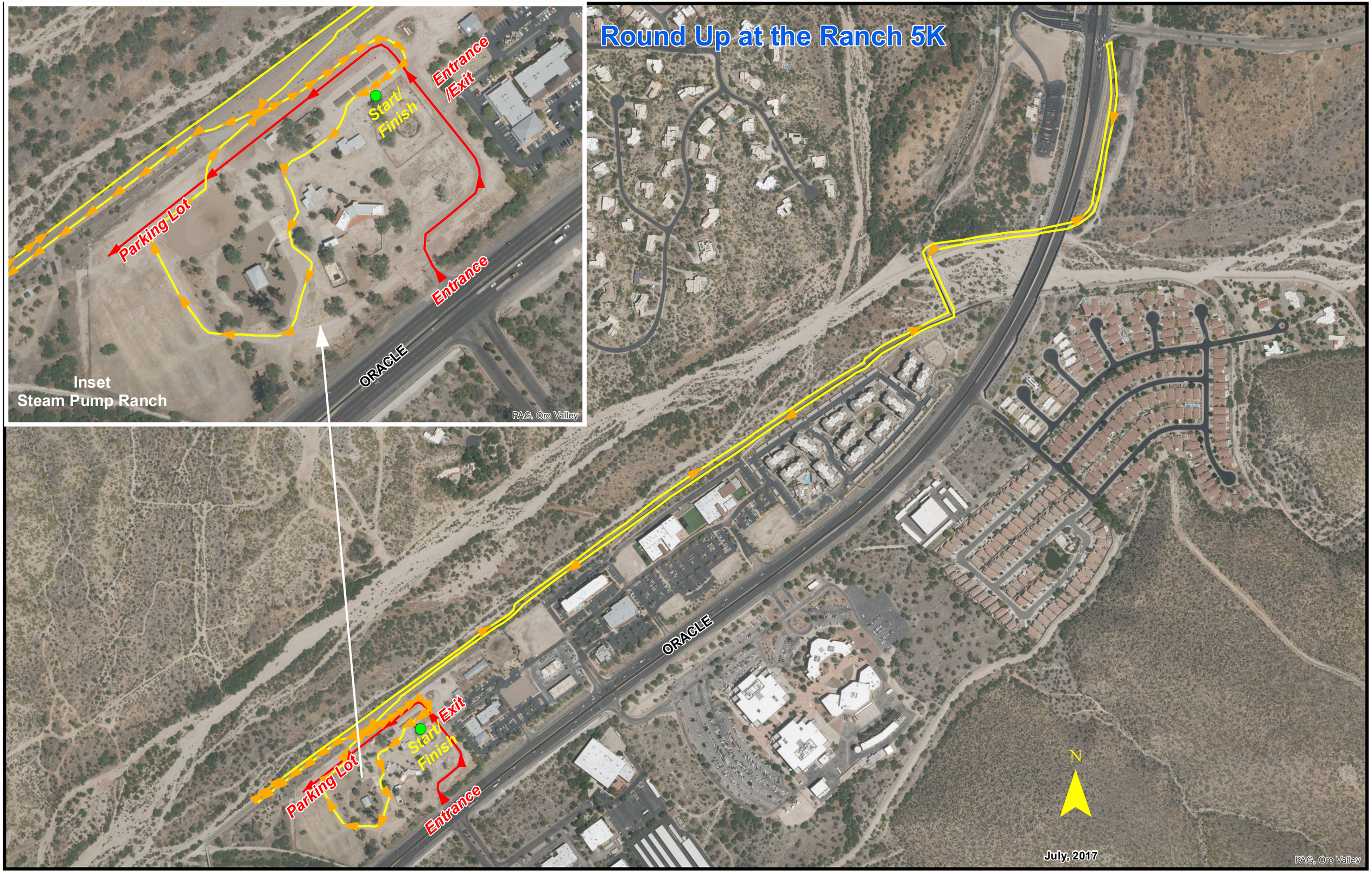Round Up at the Ranch 5K